

St John's Lutheran School

School Newsletter – 5th October 2023



In our Prayers this week:

Robinson Family – Sally Yr11
 Russell Family – Charlie Yr3
 Sanju – Dior Yr4, Diya Yr9
 Sarquis Family – Tayla Yr1, Ally Yr3
 Schaffer Family – Vance Yr2
 Schloss Family – Erin Yr5
 Schrader/Vorpagel Family – Ruby Yr4,
 Aeris Prep, Lucas Yr1
 Schumacher Family – Grace Yr5



Sunday Worship Services:

St John's Church is at the School this week - 9:30am Sunday

St John's Lutheran School

84 – 94 Ivy Street

PO Box 506

Kingaroy QLD 4610

Phone: 0741623988

Email: office@sjls.qld.edu.au

Kindness is...

The Seven C's are part of our school's values and relationship guidelines. Here at school, the Seven C's gives us direction for how we should live to be the best person we can be. The Year Five students will be studying these concepts this term in preparation for leadership roles next year.

Bible Verse - 1 Peter 2:21 ESV

For to this you have been called, because Christ also suffered for you, leaving you an example, so that you might follow in his steps.

The Seven C's

CHRIST
 We ask, "What would Jesus do?"

CO-OPERATION
 We co-operate with others.

COMMUNICATION
 We communicate in socially acceptable ways.

COURTESY
 We use good manners in all situations.

CONSIDERATION
 We respect the feelings and property of others.

CARE
 We care for ourselves, others and our world.

CHRISTIAN LEADERSHIP
 We serve, help and encourage others.



ST. JOHN'S
LUTHERAN SCHOOL
KINGAROY

Weekly Wellbeing

Optimistic October 2023

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|--|
| 1 Write down three things you can look forward to this month | 2 Find something to be optimistic about (even if it's a difficult time) | 3 Take a small step towards a goal that really matters to you | 4 Start your day with the most important thing on your to-do list | 5 Be a realistic optimist. See life as it is, but focus on what's good | 6 Remind yourself that things can change for the better | 7 Look for the good in people around you today |
| 8 Make some progress on a project or task you have been avoiding | 9 Share an important goal with someone you trust | 10 Take time to reflect on what you have accomplished recently | 11 Avoid blaming yourself or others. Find a helpful way forward | 12 Look out for positive news and reasons to be cheerful today | 13 Ask for help to overcome an obstacle you are facing | 14 Do something constructive to improve a difficult situation |
| 15 Thank yourself for achieving the things you often take for granted | 16 Put down your to-do list and do something fun or uplifting | 17 Take a small step towards a positive change you want to see in society | 18 Set hopeful but realistic goals for the days ahead | 19 Identify one of your positive qualities that will be helpful in the future | 20 Find joy in tackling a task you've put off for some time | 21 Let go of the expectations of others and focus on what matters to you |
| 22 Share a hopeful quote, picture or video with a friend or colleague | 23 Recognise that you have a choice about what to prioritise | 24 Write down three specific things that have gone well recently | 25 You can't do everything! What are your three priorities right now? | 26 Find a new perspective on a problem you face | 27 Be kind to yourself today. Remember, progress takes time | 28 Ask yourself, will this still matter a year from now? |
| 29 Plan a fun or exciting activity to look forward to | 30 Identify three things that give you hope for the future | 31 Set a goal that brings a sense of purpose for the coming month | | | | |



ACTION FOR HAPPINESS

Happier · Kinder · Together



From the Principal – Mrs Karyn Bjelke-Petersen

Welcome back to the final school term of 2023. Not too sure if you were like me and did a double take when you saw Christmas decorations already lining the shop shelves? It usually signifies the count down to the end of year events. Our calendars will begin to fill up with end of year work parties and events, and changes to sporting timetables as the weather heats up.



I have just returned from my time of leave and was fortunate to travel to Italy for a family wedding. Apart from admiring in awe the must-see sights like the Colosseum and Pantheon in Rome, I have reflected on some cultural differences I experienced. Each evening, people would sit in piazzas with refreshments, deep in conversation as they watched the world go by. This is something in my experience we don't do often enough. We assume relaxing at the end of the week is 'earned' and not something to relish each working day (okay - they appear to enjoy this evening routine on weekends also!) We all know that relaxation and connecting with family and friends is vital to good health (physical and emotional) and I encourage you to consider how you can bring some 'downtime' into your week. I am not sure if I will achieve this, but I am going to be more intentional about not filling up each waking moment of my day with my 'to do list'.

I thank the leadership staff for the work they did in my absence.

Next week we see the first of our Term Four camps, with students travelling off to 'exotic' locations. We know the Year Six students will have a wonderful time exploring Cairns and all the interesting activities they will do together. I am sure we will get regular updates to make us jealous!

I pray this term will be a wonderful term for our students and staff.

From the Deputy Principal – Mr Steven Lake

Welcome back to Term Four. I trust that all families had a safe and enjoyable break and that all students are ready to complete the final term of the year. Year 11 students will be preparing for assessments in Week 3, in preparation for starting Year 12 studies. At this time, it is exciting to congratulate Sally Robinson as our first student driver here at St John's. This is an exciting milestone for Sally, Year 11 students, and St John's as we finally move into our first Year 12 cohort in 2024.



We wish our Year 6 students and staff the best as they prepare for the upcoming camp in Week 2. It will be a busy term as we launch into various camps, including Year 3 and 4 over the next few weeks.

We welcome back Mrs BP, as she comes back from some well-earned leave.

The new building has shown some excellent progress with roofing and internal walls being worked on at the moment. Storm water works were completed over the holidays, as well as an upgrade to our security and internet coverage throughout the school. I remind all parents and students of the ever present need to be aware of works going on at the workplace. All efforts have been taken to safeguard everyone, but families still need to be mindful of heavy vehicles in and around the site.

Finally, as we head into Term 4, I would like to remind families of our uniform requirements and that students are required to wear hats when outside. If students have lost their hat, please check lost property in the first instance and then if needed, acquire a new one. With the hotter weather ahead, students will be outside more often and hence need to be sun safe.

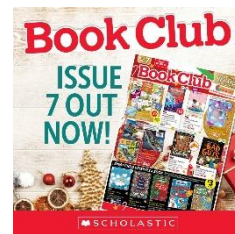
Condolences

Our school community would like to extend our condolences to the Knight family as they grieve the loss of their daughter/sister just before the holidays. Lily was a past student at St John's and will be remembered with fondness by the many staff who taught her.

Some staff and school families have also experienced loss of loved ones over the break and our thoughts and prayers are with them too.

School Reminders and Information

Bookclub – Scholastic Australia Book Club Issue 7 is out now! Mrs Davison (Bookclub Coordinator) will be commencing long service leave from the 16th of October, so we ask **paper orders to be in by next Tuesday the 10th of October 2023** for processing. Alternatively, orders can be placed online



[Scholastic Book Club Parent Login](#)

Tuckshop - The Summer Tuckshop Menu commenced yesterday, the 4th of October. Order online at www.flexischools.com.au, or paper order forms are available from the office.

Salad box: a choice of either Ham or chicken and salad

Garden Salad: No meat, salad only.

NEW! Bento box: Gluten Free option with seasonal vegetables/fruit, ham, hommus dip, mini G/F muffin.

Date Claimer -

Summer Carnival – Years 4 to 6 – 20th of October

Swimming Week – Prep to Year 3 – 6th to 10th of November

Camp Updates –

Year 6 Reef and Rainforest Explorer

Year 6 students head off to Cairns, North Queensland, next week from the 9th to the 13th of October. We hope that you have an amazing school camp and look forward to hearing about all your adventures. Please look for updates on our school Facebook page.



Year 6 Fundraiser - Jolly Soles Fund-raiser

Love a good silly sock? Love great quality and socks built to last? Our final fund-raiser for Year 6 camp will be the one for you! Jolly soles have a large range of patterns and sizes and the best part? You can order straight from the website using the link or scan the QR code below and the discount code will be automatically applied. The code gets you 25% off and adds your order to our school fundraising total.



Alternatively, you could type the code directly into the discount section at checkout. Remember you **MUST ADD THE CODE** and only individual pairs will earn us rewards, not fund-raising boxes, or sample packs.

You'll need to act fast; we only have until the 20th of October (end of Week 3) before orders close.



What happens after you order?

All sock orders will be delivered to the school together, packed ready to be sent to classes for distribution. Distribution will be on the 1st of November. To make it easier for us to deliver them to the correct classes, please add your child's name and class at the cart section. (e.g. Monica Bing 6L) If you have family or friends that would like to order, they can add your child's name and class or alternatively write 'Hall' and they will be able to pick them up from the hall on the 1st of November (Time to be confirmed).

Discount code: SJLS6

Closing date: 20th October 2023

Discount is 25%

Distribution date: 1st November 2023

Thank you,
Year 6 Camp Fundraising Team

Year 3 Camp Duckadang

Year 3 students head off to Camp Duckadang on the 19th of October for their first school camp. Final information and gear lists will be sent home soon.

Year 4 Camp Currimundi

Year 4 students head off to Camp Currimundi from the 23rd – 25th of October. Final information will be sent home soon.



Term Dates 2024

| Term | Student Term Dates | School Holidays / Public Holidays / Interview Days |
|---------------|--|--|
| Term 1 | Monday 22nd January to Wednesday 27th March 10 Weeks | Public Holidays Australia Day - Friday 26th January Easter - Good Friday 29th March, Easter Sunday 31st March, Easter Monday 1st April Pupil Free Day & Parent Teacher Interview – Thursday 28th March Staff Pupil Free Week - Monday 15th January – Friday 19th January School Holidays - Friday 29th March to Sunday 14th April |
| Term 2 | Monday 15th April to Thursday 20th June 10 Weeks | Public Holidays Anzac Day - Thursday 25th April Labour Day - Monday 6th May Pupil Free & Parent Teacher Interview- Friday 21st June School Holidays - Friday 21st June to Sunday 7th July |
| Term 3 | Monday 8th July to Friday 13th September 10 weeks | Public Holidays Kingaroy Show Holiday – Monday 12th August Pupil Free Day - Friday 30th August School Holidays - Saturday 14th September to Sunday 29th September |
| Term 4 | Monday 30th September To Friday 29th November 9 Weeks | Public Holidays King's Birthday Holiday - Monday 7th October Year 12 Exam Block - 21st October – 15th November Last Day of School – Year 12 only - 15th November Last Day of School – Year 10 & 11 only - Friday 22nd November Last Day of School - Prep – Year 9 Friday 29th November Staff Pupil Free Week - Monday 2nd December – Friday 6th December Christmas Holidays – Saturday 30th November to Monday 27th January 2025 |

School Fees 2024

Primary School Fees 2024

| Tuition Fees | 2023 | Increase | 2024 |
|---|---------|----------|---------|
| First Child | \$2,650 | \$80 | \$2,730 |
| Second Child | \$1,525 | \$45 | \$1,570 |
| Third Child | \$1,375 | \$45 | \$1,420 |
| Fourth Child | \$1,000 | \$50 | \$1,050 |
| A 5% discount on tuition fees if annual school fees are paid in full by the 31st of March 2024 | | | |

Secondary School Fees 2024

| Tuition Fees | 2023 | Increase | 2024 |
|---|---------|----------|---------|
| First Child | \$4,150 | \$125 | \$4,275 |
| Second Child | \$2,450 | \$75 | \$2,525 |
| Third Child | \$2,000 | \$60 | \$2,060 |
| Fourth Child | \$1,000 | \$30 | \$1,030 |
| Please note: If you have children in both secondary and primary, you are still eligible for the second, third child, etc. discount rates. | | | |

ADDITIONAL FEES – remain the same

- Activity Levy - \$130 per student per year (Primary)
- Activity Levy - \$200 per student per year (Secondary)
- Building Fund Donation - \$100 (\$25 per term per student - voluntary & tax-deductible)
- Yearbook - \$20 (optional)
- School Camps - extra
- P&F levy - \$100 per family (\$25 per term)

P&F News

Term 4 P&F Meeting and AGM The P&F meeting is usually held on the Monday of the 3rd week of term, but this will be held slightly later this term, so that we don't clash with the Kingaroy High speech night. We'd love to get as many parents and friends involved as possible, so check your newsletter next week to confirm the date.

Christmas Ham Drive. Order forms for the 2023 Ham drive will come home soon. Hams are supplied by SunPork Fresh Foods (Swickers) and will be average 5.5-6kg in size - for only \$55 (still only about \$10 per kilo). Consider ordering a delicious ham for your family - or perhaps check in with your neighbour, workmate or extended family if they would like one. Preferred order method will be online (trybooking.com/CMFLT) or paper forms can be returned to the school office to pay by cash or direct debit. Orders will be due Friday 10th November, and we anticipate ham delivery in the last week of school.

Book Donations Start soon...

We will soon be accepting book donations for the Bookarama 2024 - watch this space to see when the book donation bins will be place. You can also email sjlspf@gmail.com to arrange a drop off time for books or to volunteer to assist with book sorting. (Volunteers get to take books home for free!)

South Burnett Lutheran Parish Confirmation Classes 2023/2024

Pastor Noel Noack (Locum Pastor, South Burnett Lutheran Parish) would like to contact parents who wish to enrol their child in Confirmation Class.



The purpose of Confirmation Classes is to enable young people to grow in their Christian faith so that they will personally understand and own their faith. The preferred age for participating children is Year 7 and above.

In classes, children will be able to ask questions regarding the Christian faith. Teaching will be based on the Bible and The Small Catechism of Martin Luther. It will lead students on a journey through the key teachings of the Christian Church and share the history of the Church.

Pastor Noel would like to incorporate young people from across the South Burnett Parish. It has been suggested that classes be held in the framework of day seminars and camps.

For further information and discussion contact Pastor Noel Noack on Ph 0429 046 663 or by email: noel.noack@gmail.com

Primary Snippets

| St John's Primary PE Lessons – TERM 4, 2023 | | | | |
|---|--|--|---|--|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Year 2J and 2P | Year 3H and 3S | Year 4P and 4W | Prep D | Prep B and Prep C |
| Year 6L and 6W | Year 4K | Dates to Remember TERM 4 2023 <i>(Further info TBC)</i> Summer Sport Carnival Year 4-6 (Week 3 - Friday 20 th October) Swimming Prep – Year 3 (Week 7 - 13-17 th Nov) | Year 1M | Year 1C and 1K |
|  | Year 5N | | Year 5B and 5G |  DON'T FORGET YOUR HAT! |
| | Year 3-6: Newcombe/Volleyball Prep – Year 2: Invasion/Tagging Games | | Contact Teacher: Mr Scott Collier e. scol@sjls.qld.edu.au p. 4162 3988 | |





Term 4, 2023 Morning Tea & Lunch Activities

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-------------|--|--|-------------------------------------|--|--|
| MORNING TEA | BIKES on the oval | BIKES on the oval | BIKES on the oval | BIKES on the oval | BIKES on the oval |
| | LIBRARY | LIBRARY | LIBRARY | | LIBRARY |
| | Year 5-6 Dance Club in the hall | Year 1 Dance Club in the hall | Indig Group | Whips between hall & office | Whips between hall & office |
| LUNCH | BIKES on the oval | BIKES on the oval | BIKES on the oval | BIKES on the oval | BIKES on the oval |
| | LIBRARY | LIBRARY | LIBRARY | LIBRARY | LIBRARY |
| | Year 4 - 6 Dance Club in the hall Drumming Club in 5G classroom | Box Construction Club behind C block (Year 2) Choir Club - In 3H Classroom | Year 4 Dance Club in the hall | Yrs 2 & 3 Dance Club in the hall | Art Club in Art Room Choir Club - In 3H Classroom |

Secondary Snippets

Week 1 of the term saw St John's reach a quiet milestone: our first student driver, Sally Robinson, conveyed herself to school, parked all day, and then drove home again. No big deal if you've been driving for years, but for the school, it's quite a momentous sign that we are now 'growing up' very quickly.

And just a reminder for staff, students, parents and visitors to please exercise extreme caution while driving in the carpark during this period of busy activity and congestion.



Dates to Remember

October 2023

| Thursday | Friday | Saturday | Sunday | Monday | Tuesday | Wednesday |
|----------------------|---------------------------------|------------------|------------------|--------------------------|------------------|---|
| 5 th | 6 th | 7 th | 8 th | 9 th | 10 th | 11 th |
| | | | | | | St John's Playgroup 9am – 10:30am No Assembly |
| | | | | Year 6 Camp - Cairns | | |
| Thursday | Friday | Saturday | Sunday | Monday | Tuesday | Wednesday |
| 12 th | 13 th | 14 th | 15 th | 16 th | 17 th | 18 th |
| | U-9 Footy League - Murgon | | | Prep Vision Screening | | St John's Playgroup 9am – 10:30am Year 4 – 6 Assembly |
| Year 6 Camp - Cairns | | | | | | |

Community Notices



FUN IS IN FULL SWING!

Join Woolworths Cricket Blast
A safe way to have fun and stay active for kids of all abilities.

Kingaroy Junior Cricket Association - Blast Programs
Programs starting Friday 13th October
Lyle Vidler Oval, Kingaroy
Register now at play.cricket.com.au



SIGN UP TODAY!

 **Play Cricket**

PROUDLY PRESENTED BY

 **Woolworths**

 **CRICKET AUSTRALIA**

South Burnett Musical Comedy Society
Youth Theatre Production of

Annie JR.

Broadway Junior Collection @

Book by **THOMAS MEEHAN** Music by **CHARLES STROUSE** Lyrics by **MARTIN CHARNIN**

Original Production directed by Martin Charnin
Presented on Broadway by Mike Nichols


Produced by
Irwin Meyer Stephen R. Friedman Lewis Allen

Alvin Nederlander Associates Inc. The John F. Kennedy Center for Performing Arts Icarus Productions

Based on "Little Orphan Annie"
By Permission of The Tribune Media Services, Inc.


Originally produced by The Goodspeed Opera House
Michael P. Price, Executive Director



Licensed exclusively by Music Theatre International (Australasia).
All performance materials supplied by Hal Leonard Australia.



SBMCS Youth Theatre Project
Annie Junior
29 Sept—1 Oct 2023
KINGAROY SHS PERFORMING ARTS CENTRE (KPAC)
Email: info@sbmcs.org.au
Tickets: <https://www.trybooking.com/CLGLN>

Tickets



 **trybooking**
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Blast

SUMMER CAMPS

11 - 15 DECEMBER 2023 | JUNIOR YR 3-6 | SENIOR YR 7-11

Enjoy your holidays with us!  **LYQ**



Orana Aged Care *Presents* Seniors of the South Burnett

Come along for a hot cuppa, morning tea and a guest speaker in a relaxed setting with friends

Thursday 20th July - Fill your cup!
Keeping your mental health in tip top shape. Come expecting to laugh!

Thursday 17th August - Travelling
Feel stuck or itchy feet? Hear tips & seniors travel ideas locally & afar.

Thursday 28th September - Preventative Health
We focus on important health issues as your age & how to prevent them.

Thursday 19th October - Connect Fest
Seniors month is all about connections and celebrating you!

Thursday 16th November - Occupational Therapy
We have an OT presenting tools & tips to make your life easier.

Thursday 7th December - Christmas!
A Christmas themed morning with entertainment to finish 2023.

Where: Orana Community Hub 24 MacDiarmid Street, Kingaroy
Cost: Gold coin donation at the door
Time: 9:30am - 11:00am
Contact: For more information phone Lucy Finney 4162 6555



Dementia Support Group



Share some quality time and swap information with those who are caring for loved ones with dementia and short-term memory loss.

Our group meets monthly, offering support and advice covering a broad range of topics to those and their loved ones on the dementia journey.

The discussion is led by Lucy Finney, our Client Services Advisor, who has a passion for Dementia and supporting families.

A relaxed get together sharing our experiences in a non-judgemental environment. All welcome.

Where
Orana Aged Care & Retirement Living
Community Hub (enter via admin building)
24 MacDiarmid St, Kingaroy

When
First Wednesday of every month
10am-12pm
Morning tea provided

For more information please phone Lucy Finney, Client Services Advisor on 07 4162 6555

w.lutheranservices.org.au



Children's Health Queensland Hospital and Health Service

Do you know the signs of SEPSIS in children?



Children's Health Queensland Hospital and Health Service

Know the signs of SEPSIS

Visit Children's Health Queensland's new Sepsis in children website for:

- ✓ Clinical guidelines and tools
- ✓ Education
- ✓ Resources for families
- ✓ New video series for families of children with sepsis

www.childrens.health.qld.gov.au/Sepsis

Paediatric Sepsis

