

# St John's Lutheran School

## School Newsletter – 31st August 2023



### In our Prayers this week:

Peterson Family – Meeka Yr2, Indianna Yr5, Elsie Yr7  
Petersen – Charlotte Yr6  
Phillips Family – Matilda Yr4  
Phillips Family – Delainey Yr4, Logan Yr6  
Pickering Family – Myron Yr1  
Pitman Family – Charlotte Yr5  
Pitos Family – Carlos Yr3  
Porter Family – Bianka Yr1



### Sunday Worship Services:

St John's Church  
(36 Markwell Street, Kingaroy) - 9:30am

**St John's Lutheran School**

**84 – 94 Ivy Street**

**PO Box**

**Kingaroy QLD 46**

**Phone: 0741623988**

**Email: [office@sjls.qld.edu.au](mailto:office@sjls.qld.edu.au)**

### Kindness is. . .

What comes to mind when you hear the term Father's Day? Maybe you think about gifts like #1 Dad t-shirts, new coffee cups, or cooking him a special breakfast. Perhaps you have memories of fishing or riding your bike together. Or maybe, like many people, the holiday provides an opportunity for you to celebrate your Father in Heaven.

On Father's Day, and every day, we pray that your spirit would be refreshed, refocused, and renewed as you "see what great love the Father has lavished on us, that we should be called children of God!" (1 John 3:1).

Thank you to everyone who supported our Father's Day Stall this week. All funds raised will go towards the Year 6 Cairns Camp. A special thank you to our school parent Krista Holznagel for once again making many wonderful gifts for our students to sell at the Father's Day stall, and to our amazing parent helpers.

We hope all our fathers and those who fulfil a father role in our lives have a happy Father's Day this Sunday.



### Weekly Wellbeing

Supporting a child through a meltdown can be challenging, but it's important to provide them with understanding, patience, and comfort. Here are some steps to consider: stay calm, create a safe environment, give space, practise breathing techniques, use soft and calm language, or use distractions and objects to redirect their attention. Remember every child is unique and what works best may vary from one child to another.

Click on the link below to watch Dr Justin Coulson's great insight into helping and supporting children having meltdowns and building resilience.

[Dr Justin Coulson Q&A: Meltdowns and Resilience](#)



## From the Principal

Earlier this week, we hosted two representatives from NSSAB (Non-State School Accreditation Board) who have assessed our policies, practices, planning and resources pertinent to secondary schooling. This accreditation process is at the culmination of many hours of work from our secondary staff who have demonstrated their professionalism and knowledge of curriculum areas. Thank you to our secondary staff who have provided the visiting team with the evidence required. A special thank you to Stephen Huth (Secondary Curriculum Co-ordinator) and Steven Lake for their hard work in uploading all the appropriate documentation. It is a huge job and one that sets us up very well for our full school accreditation late in 2024.



As mentioned in last week's newsletter, I am on annual leave for the next two weeks from next Monday. Steven Lake will be the Acting Principal at this time until early Term 4. I know there are a few events on over the last two weeks of Term 3, and I am leaving these in the very capable hands of our staff.

I look forward to hearing and seeing updates of these school events.

I am sure when I return there will be many changes to our new secondary building. I look forward to seeing the changes!

## School Reminders and Information

**Pupil Free Day** – Tomorrow, the 1st of September, is a Pupil Free Day for St John's and all schools.

**Last Day of Term 3** – Friday, the 15th of September, is the last day of Term 3 for St John's. School resumes on Tuesday, the 3rd of October. (Monday is the King's Birthday Holiday).

**Teacher Aide Appreciation Week** – Many, many people make up our wonderful staff. Each staff member brings their own gifts and talents to our community. This week is Teacher Aide Appreciation Week, and we particularly wish to thank our Learning Coaches (Teacher Aides) who work with our students to support their learning. Coaches not only work with the students, but also alongside the class teachers to form a teaching team.

We are extremely blessed to have so many of our Learning Coaches who are continuing with further studies – mostly working towards their Bachelor of Education, with some in their final year of study in 2024. This demonstrates that our coaches work alongside teachers who have inspired them and with students to enable them to make a difference.

Our Learning Coaches are definitely not seen as an 'extra' person in our rooms, but as an integral part of the team. We thank our coaches for the incredible difference they make each and every day in all of our classrooms. We also take this opportunity to thank all our ancillary staff who makes up the wider team.

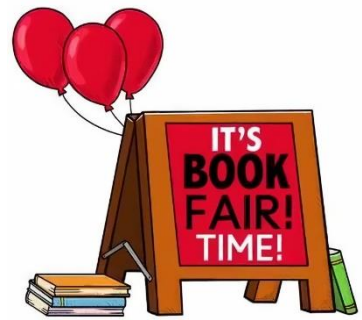
Our office staff, admin staff, wellbeing, tuckshop, uniform shop and grounds staff are all dedicated to making St John's the best school in the South Burnett.





**Scholastic Book Fair** - Book Fair will be running next week until Friday the 8th of September in the Library. Books will be available for purchase before school, from 8:00am to 8.45am, and after school, from 2.45pm to 3.45pm, on these days. Parents will need to help children with their purchases.

Children who won't have parents with them (Bus, Drop & Go and Daycare) are able to purchase if they have their money in a sealed, named envelope. EFTPOS facilities will be available. Our school will receive a percentage of sales to use to purchase new books for the library. Please note that there will be no re-orders on any items.



**Book Fair will also be open ALL day on Grandparents Day, Monday the 4th of September.**

**Dance Fever (Zing Activ) Showcase** - Students from Prep-Year 6 have been having a fantastic time each Friday with our Dance Fever team this term. Students would like to take the opportunity to present a showcase of their dancing for parents as a culminating activity for the term.



**Parents are invited to attend these sessions at the hall at the following times.**

**Friday the 15th of September at the School Hall**  
**Prep, Years 1 and 2 - 10am**  
**Years 3 and 4 - 12pm**  
**Years 5 and 6 - 2pm**



**is now**



**Primary School - Grandparents Day & Bookweek Day** – We are looking forward to having many visitors at our Grandparents & Bookweek Day next Monday, the 4th of September. This year we are providing cake to share with our Grandparents.

*Due to the limited parking, we encourage families to drop off grandparents with their student/s at Drop and Go (staff & students will be assisting, chairs will be available). Parents can then proceed to park.*

# GRANDPARENTS/BOOK WEEK DAY

## Monday 4th September

### **8:45 am – 9:50 am**

Grandparents come to the classrooms and participate in the morning classroom program with their grandchildren.

### **10 am – 10:55 am**

Costume / Book week parade  
Grandparents assemble at the hall with the Primary school classes for the Book week costume parade

### **11am- 11:30am**

Morning tea for Grandparents at the hall  
Whip cracking demonstration

### **11:30am**

Conclusion of Grandparent's day



# ARTS

## SHOWCASE

### 13th September

Arts Showcase concert

Time: 5:30 pm

Location: Hall

Dance Groups, Choir Performances,  
Beginner Band, Junior Band,  
Senior Band, Musical Theatre, Soloists  
and more!

## Open Classrooms

Come and see some art work  
displayed in your child's  
classrooms from 4:30- 5:30 pm

Interactive art activity for Parents and Students

Time: 4:30pm- 5:30pm .

(Prep -Year 11 are welcome to join in)

Location: Art Room

## P&F News

Outdoor Family Movie Night this Friday 1st  
September - don't miss it!

Only \$5 per family for one or both movies –

**Bad Guys from 5.45pm**

**Super Mario Bros Movie from 7.45pm.**

Drinks, snacks, chocolates and popcorn are  
available for purchase on the night. There will be  
just a few personal Dominos pizzas available  
also if you haven't already pre-ordered.

Bring your folding chairs, blankets or rugs and  
join us for a fun night.

[CLICK HERE TO BOOK YOUR MOVIE  
TICKETS!](#)

*Come join us under the Stars*  
for our

## OUTDOOR FAMILY MOVIE Night

**FRIDAY 1ST SEPTEMBER**  
**ST JOHN'S OVAL**

COME AND JOIN IN ON THE FUN!  
SPEND TIME WITH FAMILY AND  
FRIENDS. FIND YOUR SPOT ON THE  
GRASS AND BRING BLANKETS, RUGS  
AND CHAIRS.

**PICNIC DINNER OR SNACKS FROM  
HOME ARE WELCOME  
OR  
PURCHASE A DOMINOS PIZZA AND  
DRINK THROUGH TRYBOOKING.**

**STARRING**

**THE BAD GUYS**  
1ST SESSION  
STARTING AT 5.45 (1HR 40MINS)

**\$5**  
**ENTRY FEE PER FAMILY**  
THIS INCLUDES 1 SESSION OR BOTH

**THE SUPER MARIO BROS. MOVIE**  
2ND SESSION  
STARTING AT 7.45 (1HR 35MINS)

DRINKS AND POPCORN AVAILABLE FOR PURCHASE  
ON THE NIGHT

ST. JOHN'S  
P & F  
KINGAROO







## Primary Snippets

**Year 5 Camp** - We had an amazing time at Camp Mapleton, all students were well-behaved and supportive of each other.

More photos on Facebook if you haven't seen them already!



**Kindness Challenge** - As part of our theme for the year 'Kindness Is' the Primary school classes have been issued with a Kindness Challenge.

During devotions last week, each class was given an A3 piece of paper full of random acts of kindness, and have been given the challenge of trying to complete as many of the challenges on it as possible. Some examples include – writing a note to a friend, sitting beside somebody you may not know well and getting to know them, as well as smiling at a stranger or holding the door open for people.

5N is already leaps ahead with this challenge and they shared some of their amazing acts of kindness with the Upper Primary classes.





## Secondary Snippets

Congratulations to Year 11 student, Bonita Shea, for winning the 2023 BaconFest "Pigs Can Fly" Art Competition.



## Sporting News

**NRL Friendly KSHS** - Thanks for a great game yesterday afternoon at Kingaroy State High School. Our Under-14 Rugby League girls enjoyed the challenge and competition!



**High Top Challenge** - A big thank you to Yarraman SS, St Mary's CC, Goomeri SS and Wondai SS for visiting our school for the High Top Challenge last Friday. The competition was close all day and the sportsmanship was fantastic.

Thank you to our ground and tuckshop staff for all the setting up and for keeping everyone fed. And our Year 10 students who refereed all day. There was plenty of great feedback about the day!



**NRL Gala Day** - Our Under 12 Rugby League team had a cracking day at the NRL gala day. There were big hits and tries a plenty. Thank you to Mr Schmidt for taking this crew!



## Dates to Remember

### August 2023

Thurs	Fri	Saturday	Sunday	Mon	Tues	Wed
31 <sup>st</sup>	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>
	<b>PUPIL FREE DAY</b>  P&F Movie Night		<b>Father's Day</b>	BOOK FAIR  Grandparents' & Bookweek Day	BOOK FAIR	BOOK FAIR  Assembly Prep – Year 3
7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	13 <sup>th</sup>
BOOK FAIR	BOOK FAIR					Arts Showcase

## Community Notices



### Does your child feel overly fearful, anxious, or worried in certain situations?

Many children can feel anxious, fearful, or worried in certain situations. In most situations this is a normal emotion when faced with something threatening. Everyone can feel anxious from time to time. However, some children experience anxiety more intensely or more often than others and it stops them from having fun, going to school, or getting the most out of their life.

Take Action is an evidence-based program for 7- to 12-year-olds experiencing anxiety. Each child session takes approximately 1 hour, and the program runs over 10-12 weeks (either in-person or online). The program also includes six x 1-hour sessions for parents/carers to provide additional education and support on managing children's anxiety.

All children receive a comprehensive assessment before and after the program, and



Free Family Fun

# COLOUR RUN

Sat 9th Sept 2023  
Along the Murgon Rail Trail @Murgon PCYC

PCYC South Burnett  
P 07 4168 1889  
E southburnett@pcyc.org.au  
[pcyc.org.au](http://pcyc.org.au)

QUEENSLAND CHILD PROTECTION WEEK  
Protecting children is EVERYBODY'S BUSINESS

PCYC QUEENSLAND



## Queensland Youth Philharmonic Orchestra

Conductor Paul Dean

**VERDI**  
Force of Destiny Overture

**MARCELLO**  
Oboe Concerto  
Soloist Julia Khuzaini

**GLAZUNOV**  
Excerpts from The Seasons

**BEETHOVEN**  
Symphony No. 6 'Pastoral'

**J STRAUSS II**  
Blue Danube Waltz

**2.30-4.30pm**  
**Saturday 2 September 2023**

Kingaroy Performing Arts Centre  
(KPAC), Markwell St, Kingaroy

**FREE Community Concert**

 **Queensland Government**  
Queensland Youth Orchestras is supported by the Queensland Government through Arts Queensland.



# CROWNED

## Highway Kid's Holiday Club

Monday 18th September to Friday 22nd September, 2023  
LOCATION: 66 Edenvale North Road, Kingaroy  
DAILY COST: \$10 child (Prep to Year 6)  
WHEN: 9am to 3pm - BRING Packed Lunch, Hat & Water Bottle  
For more Information & REGISTRATION Form visit: [www.highwaychurches.com](http://www.highwaychurches.com)

 **HIGHWAY CHURCH**



# Do you know the signs of SEPSIS in children?



Floppy



Feels abnormally cold to touch



Fit or convulsion



Rash that doesn't fade when pressed



A lot of pain or very restless



Fast breathing or long pauses in breathing



Very blotchy, blue or pale skin



Drowsy, difficult to wake up, confused



Visit the new Children's Health Queensland Sepsis in children website for more info



# Know the signs of SEPSIS

Visit Children's Health Queensland's new Sepsis in children website for:

- ✓ Clinical guidelines and tools
- ✓ Education
- ✓ Resources for families
- ✓ New video series for families of children with sepsis

[www.childrens.health.qld.gov.au/Sepsis](http://www.childrens.health.qld.gov.au/Sepsis)



# Orana Aged Care *Presents* Seniors of the South Burnett

Come along for a hot cuppa, morning tea and a guest speaker in a relaxed setting with friends

Thursday 20th July - Fill your cup!  
Keeping your mental health in tip top shape. Come expecting to laugh!

Thursday 17th August - Travelling  
Feel stuck or itchy feet? Hear tips & seniors travel ideas locally & afar.

Thursday 28th September - Preventative Health  
We focus on important health issues as your age & how to prevent them.

Thursday 19th October - Connect Fest  
Seniors month is all about connections and celebrating you!

Thursday 16th November - Occupational Therapy  
We have an OT presenting tools & tips to make your life easier.

Thursday 7th December - Christmas!  
A Christmas themed morning with entertainment to finish 2023.

**Where:** Orana Community Hub 24 MacDiarmid Street, Kingaroy  
**Cost:** Gold coin donation at the door  
**Time:** 9:30am - 11:00am  
**Contact:** For more information phone Lucy Finney 4162 6555



## Dementia Support Group



Share some quality time and swap information with those who are caring for loved ones with dementia and short-term memory loss.

Our group meets monthly, offering support and advice covering a broad range of topics to those and their loved ones on the dementia journey.

The discussion is led by Lucy Finney, our Client Services Advisor, who has a passion for Dementia and supporting families.

A relaxed get together sharing our experiences in a non-judgemental environment. All welcome.

**Where**  
Orana Aged Care & Retirement Living  
Community Hub (enter via admin building)  
24 MacDiarmid St, Kingaroy

**When**  
First Wednesday of every month  
10am-12pm  
Morning tea provided

For more information please phone Lucy Finney, Client Services Advisor on 07 4162 6555

w.lutheranservices.org.au



# You're invited!



## Kingaroy Dementia Action Week Morning Tea

In the lead up to Dementia Action Week, South Burnett Regional Council, Orana Aged Care & Carer Gateway Wellways are teaming up to host a morning tea. Share a cuppa with likeminded people, hear from guest speakers with information & resources to share about dementia, get lucky with giveaways and enjoy morning tea.

**WHEN:** Wednesday 13 Sept, 2023  
9:30 - 11:30am

**WHERE:** Kingaroy Library  
Free event!

For more information, contact Lucy Finney  
p. 07 4162 6555 | e. lucy.finney@lutheranservices.org.au  
w. lutheranservices.org.au



## South Burnett Musical Comedy Society Youth Theatre Production of



Broadway Junior Collection ©

**Book by** THOMAS MEEHAN **Music by** CHARLES STROUSE **Lyrics by** MARTIN CHARNIN

Original Production directed by Martin Charnin

Presented on Broadway by Mike Nichols

Produced by

Irwin Meyer Stephen R. Friedman Lewis Allen

Alvin Nederlander Associates Inc. The John F. Kennedy Center for Performing Arts Icarus Productions

Based on "Little Orphan Annie"

By Permission of The Tribune Media Services, Inc.

Originally produced by The Goodspeed Opera House  
Michael P. Price, Executive Director

Licensed exclusively by Music Theatre International (Australasia).  
All performance materials supplied by Hal Leonard Australia.



## SBMCS Youth Theatre Project Annie Junior

29 Sept - 1 Oct 2023

KINGAROY SHS PERFORMING ARTS CENTRE (KPAC)

Email: [info@sbmcs.org.au](mailto:info@sbmcs.org.au)

Tickets: <https://www.trybooking.com/CLGLH>

Tickets





We have invited Federal MPs across the country to read a 90-second speech written by a young person from their electorate. Speeches will be read from the **16th to 20th of October 2023** during **Youth Voice in Parliament** week. This non-partisan initiative endeavours to increase the political literacy of *all* our young voters and voters-to-be (individuals aged 25 and under).

The logo for 'RAISE OUR VOICE' is displayed in a bold, red, sans-serif font. The words are stacked vertically: 'RAISE' on the top line, 'OUR' in the middle, and 'VOICE' on the bottom line. The letters are slightly irregular, giving it a hand-drawn or stencil-like appearance.

Speeches should address the prompt “*What change would make Australia a better place for future generations?*” and should be roughly around 200 words. Speeches can be submitted via our website at [www.raiseourvoiceaustralia.com/youthvoice](http://www.raiseourvoiceaustralia.com/youthvoice) - there are a number of FAQs and a speech template on the website, too.

Speech submissions close on **15 September**. The Raise Our Voice Australia team will then pass the speeches to the office of the MP, with the MP to choose the final speech. Speeches that aren't selected will be passed to the office of the participating Senators. We particularly welcome submissions from young people from traditionally marginalised backgrounds.

If you are happy to share this with your community, **we have drafted text for newsletters below -**

*From the 16th to the 20th of October, Raise Our Voice Australia is running Youth Voice to Parliament week. The campaign will amplify the voices of young people from across the country, giving them the platform to share their stories and visions for the future.*

*Raise Our Voice Australia is inviting young people aged 25 years or younger across Australia to write a 90 second speech, answering the question “what change would make Australia a better place for future generations?” Successful applicants will have their speech read out in Parliament House by politicians in their electorate, state or territory, or on social media where the parliamentarian is a Minister.*

*So, if you are a young person and have an idea that you believe is worth sharing, start writing and submit your speech – submissions close 15 September.*

*For more information, have a look at our website <https://raiseourvoiceaustralia.com/youthvoice> for some more tips, inspiration or to submit your speech.*