

St John's Lutheran School

School Newsletter – 8th June 2023



In our Prayers this week:

Janz Family – Olivia Yr7
Jenkins Family – Amellia Yr1
Jensen Family – Zara Yr4
Johannesen Family – Chloe Yr4, Kayleigh Yr9
John Family – Deagon Yr7
Johnson Family – Creasy Yr5, April Yr6
Jones Family – Xander Yr2
Jorgensen Family – Megan Yr6, Amelia Yr8, Christian Yr11



Sunday Worship Services:

St John's Church
(36 Markwell Street, Kingaroy) - 9:30am

St John's Lutheran School

84 – 94 Ivy Street

PO Box 506

Kingaroy QLD 4610

Phone: 0741623988

Email: office@sjls.qld.edu.au

Kindness is. . .

Putting others first is a noble and compassionate approach to life. It involves prioritising the needs, well-being, and happiness of others over your own. It encompasses acts of kindness, empathy, and selflessness, which can have a positive impact on individuals and communities. Remember that putting others first doesn't mean neglecting your own needs entirely. It's about finding a balance and making a conscious effort to show kindness and compassion to others whenever possible. By doing so, you contribute to creating a more caring and supportive world.

Bible Reading: John 13:4 He laid aside his outer garments, and taking a towel, tied it around his waist. Then he poured water into a basin and began to wash the disciples' feet and to wipe them with the towel that was wrapped around him.



Weekly Wellbeing

It's not easy to 'police' children's usage of social media, but there are some strategies that might help. Talk with your kids about:

Being kind: Hurtful words and embarrassing comments are not okay. Treat others with respect and encourage them to tell you about nasty or disrespectful posts made by others. Remember that the person reading your comments is a real person with real feelings. Would I say this to Grandma? Don't share anything on social media that you don't want teachers, future bosses, or your grandmother to see.

Don't friend strangers: If you don't know them, don't add them.

Switch off: Consider making a family plan such as no devices after a certain time, charging devices away from bedrooms overnight, using privacy settings, and making sure passwords are not shared with friends. Maybe even technology-free nights or weekends, to take a break from the screens. Set a positive example yourself.

Social media can be a wonderful tool for connection, learning, and sharing, with some positive strategies in place to help our children make healthy decisions.

ALWAYS BE
kind

From the Principal

With only two weeks remaining of Semester One, we have a busy end-of-term time ahead. It is a busy time in classrooms as teachers prepare reports and for Parent-Teacher Interviews that are coming up on Friday, the 23rd of June. I encourage you to take the opportunity to make an appointment time to meet with class teachers to discuss your child's progress and goals for Semester Two. Evidenced-based research demonstrates clear links between student success and family partnerships. Our teachers and learning coaches are dedicated professionals, working with your child to guide them in their learning journey, and the shared discussions between family and school are vital to ensure we are working together in understanding your child's needs.



There have been many various extra-curricular events this last week happening in and around our school or wider community including Book Fair in the library, students showing, cross-country, Kokoda teams, whip cracking, and many lunchtime activities being offered.

It has been wonderful to see parents joining us for Primary School Assemblies on Wednesday afternoons at 2:30 pm. Everyone is welcome and these run on alternate weeks between lower primary (Prep – Year 3 classes) and upper primary (Years 4 to 6 classes). These assemblies are run by our student leaders and include Student of the Week presentations, school announcements or presentations, and, at times, displays of choirs or dance groups.

Thank you to the parents and staff who assisted and supported the P&F executive team last Friday evening at the School Disco. Unfortunately, due to illness, I was unable to attend but I have heard from all accounts that this was a fabulous evening of dance and music and a lovely opportunity for parents to meet and mingle. The children were well-behaved and enjoyed the theme for the evening.

We were due to start this weekend with our first Strategic Planning session, including a number of parents, staff, students, and School Council members. Unfortunately, this session for Saturday has been postponed but leadership staff and Council members will still meet on Friday evening to discuss and look at the survey responses and results. The data has been collated from our parents, staff, and students. We look forward to sharing this data results with staff and families next term. Each report is over 200 pages, so you can imagine our goal on Friday is to dissect the responses and gather common themes and areas to improve. I truly thank our community who took the time to respond to the survey, as each of you have been contributed to our school's future directions. We belong to a very special community!

P&F News

What a night! Over 400 people joined us on Friday night for the 'Outer Space' Disco. The energy was high, as we danced and sang the night away to our favourite tunes with friends, family, and staff. Thank you to the students for their song suggestions. Many sausages were cooked, many glow sticks were sold, and prizes were given out to our best dressed, best dancers, and game winners! It was great to see all the wonderful space outfits at the disco. It really added a special touch to the evening. The P&F would like to thank our St John's families and school staff for supporting the disco and making it such a success.



School Reminders and Information

LLL Passbooks - On the 31st of May, interest will again be added to all deposit accounts. We therefore ask that all LLL passbooks be handed in to the office. We will inform you when the deposit booklets have been returned.

Winter Colds & Flu – It seems that cold & flu season (and many other sicknesses) have hit families hard this year. Unfortunately, we are seeing a significant number of sick children absent from school or being sent home due to sickness. We ask if students are sick, to please keep them at home. Many viruses are highly contagious, and it is important that we try and stop the spread of sickness through the classrooms. Please contact the office or use the school app to advise if your children are unwell.



Playgroup – There will be no Playgroup in Week 10, Wednesday, the 21st of June, due to the Athletics Carnival.

Inter-house Athletics Carnival - Our Inter-house Athletics Carnival is scheduled for the last week of the term from Monday, the 19th of June, to Wednesday, the 21st of June. Please see the timetable of events attached to this newsletter for an outline of when children will be competing.



Code of Conduct for Parents and Spectators – Athletics Carnival

In the interests of having a positive school carnival, please review the Parent/Spectator Code of Conduct. This is in line with South Burnett and Wide Bay School Sports.

Parents' Code of Conduct

- Co-operate with the school to achieve the best outcomes for your child
- Support team and event officials in maintaining a safe and respectful learning environment for all students
- Maintain positive relationships with team officials regarding your child's learning, well-being and behaviour
- Encourage participation by your children
- Provide a model of good sportsmanship for your child to copy
- Be courteous and constructive in your communication with players, team officials and sport administrators
- Encourage honest effort, skilled performance, and team loyalty
- Make any new parents feel welcome on all occasions
- Do not interfere with the conduct of any events
- Support School Sport Australia's policy of a smoke-free, alcohol-free environment.

Spectators' Code of Conduct

- Demonstrate appropriate social behaviour
- Remember children play for enjoyment - don't let your behaviour detract from their enjoyment
- Let game officials conduct events without interference
- Support skilled performance and team play with generous applause
- Demonstrate respect for opposing players and their supporters
- Support School Sport Australia's policy of a smoke-free, alcohol-free environment

Parental Photography at School Events

- We welcome the taking of photographs and video for personal/family use at St John's Lutheran School events, and understand that most people taking photographs and images of their own children at these events are doing so for acceptable reasons, using appropriate methods.
- However, we respectfully ask that you seek permission from parents/guardians if you wish to share images of other students participating in these activities.

Parent Teacher Interviews (Non-Compulsory)

Primary Interviews – Parent-teacher interviews for Prep to Year 6 will be held on **Friday, the 23rd of June, from 8:00am – 3:00pm**. Please note that these interviews are not compulsory.

Prep - Year 6 - Interviews are in time slots of 15 minutes. Interviews are available in person or by phone.

If your child's teacher would like to request an interview, you will receive a request through either Seesaw or email from the teacher, or an office staff member would have made contact by now. If you would like to request an interview or have had one requested by your teacher, please book your interview following the procedures below.

Procedure for booking your interview:

Please reserve your interview time through the online booking system, which is open for bookings now.

Bookings must be finalised by 3pm on Wednesday, the 21st of June.

Please follow the instructions below to book your interview time.

1. Go to [Primary Parent Teacher Interview Booking Link](#)
2. Alternatively scan this QR Code
3. Enter your details
4. Select the teachers you wish to see
5. Select the appointment time/s that suit your family best
6. When you click FINISH, your selected bookings will be emailed to you immediately. Please keep this information somewhere safe – reminders **will not** be sent home



If you need to organise a different time, please email these teachers directly.

High School Interviews - Interviews for High School students will be held on **Friday, the 23rd of June, from 8:00am – 3:00pm**. Please note that these interviews are not compulsory.

Interviews are in 15-minute time slots and are available with all subject teachers. Interviews are available in person or by phone. If your child's teacher has requested an interview, you will receive an email. If you would like to request an interview or have had one requested by your teacher, please book your interview following the procedures below.

Procedure for booking your interview:

Please reserve your interview time through the online booking system, which is open for bookings now.

Bookings must be finalised by 3pm on Wednesday, the 21st of June.

Please follow the instructions below to book your interview time.

1. Go to [High School Parent Teacher Interview Booking Link](#)
2. Alternatively scan this QR Code
3. Enter your details
4. Select the teachers you wish to see
5. Select the appointment times that suit your family best
6. When you click FINISH, your selected bookings will be emailed to you immediately.



Please keep this information somewhere safe – reminders will not be sent home

Please note, if you wish to make an interview with Mrs Gusthart, there are interview timeslots on Tuesday 20th June only, from 3.15pm to 5 pm.

Library News

Larrikin Book Fair - Larrikin Book Fair has been very popular with students attending the library in the morning and afternoons. You can still visit this afternoon from 3pm to 4pm, and tomorrow morning between 8am and 8:45am, and tomorrow afternoon from 3pm to 4pm.

The school receives a percentage of sales, which will be used to purchase new books for the library. Eftpos will be available for purchases. Hope to see you there!



2023 Premier's Reading Challenge - The Premier's Reading Challenge is an annual State-wide initiative that we participate in. The Challenge is not a competition, but aims to improve literacy and encourage children to read widely for pleasure and learning. Students can participate in the challenge by filling in the form that Mrs T has given to classes this week.

You can list your library books, home readers, class-guided readers, and any books that you read at home. Once you have read the allocated number of books (based on year levels), the form can be returned to the library. We have until the end of August to complete the challenge.

Students who complete the challenge will have their efforts recognised through the receipt of a Certificate of Achievement signed by the Premier of Queensland.

Students can complete more than one sheet; HOWEVER, they will only receive one certificate. If you have any questions, please talk to Mrs T.



Primary Snippets

Our worship theme for this year is 'Kindness Is ...' and our primary students were treated to an act of kindness during devotion time this week. Mr Kotzur, Mrs Muller, and our student leaders performed the simple act of cleaning students and staff members' feet.

Jesus himself performed a similar act of kindness as he was ministering. Even though he was the mighty son of God, he remained humble enough to perform this kind act of service to others in need. We must remember that we are never too important to be kind to one another!



Year 6 Science - Year 6 students created slime as the perfect irreversible reaction in a culminating activity for their chemical sciences unit. It was gooey, messy, and a lot of fun!

Who would have thought contact lens solution had more than one use?



National Reconciliation Week

National Reconciliation Week is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia. Prep students were very treated to a special session with Chris Congoo last week.

The preppies got to listen to Chris play the didgeridoo, play other instruments and share some aboriginal culture. Thank you, Chris, for sharing your time and knowledge with the students.



Secondary Snippets

Study Time – It's great to see many students using Study Time on Tuesday and Thursdays. Students from Years 7 – 11 are welcome to come from 7.30am to L2 Classroom to access assistance from Mrs Springhall and Mrs Roberts for catching up on work/assessment.

We look forward to seeing you there!



Food & Textiles - The Year 9 and 10 Food Tech students are having a great time making pasta. They are experimenting with making all different types of pasta. Next lesson we will be making a pasta sauce to accompany their homemade pasta. They are doing such a good job that you would think they have Italian blood.

Look out all the Nonnas in the world, we have a new generation of pasta makers coming through!



Sporting News

Kokoda Challenge - We had two teams in action at the Kokoda Challenge Brisbane on the weekend, "The Lil Rippers" and the "Power Rangers". The teams smashed out the 18km in quite warm conditions but still had smiles on their faces when they crossed the finish line. Well done to everyone!



Wide Bay Cross Country Trials - It was a great day out for our students participating with the South Burnett Cross Country team at the Wide Bay trials in Hervey Bay on Tuesday. Plenty of Personal Bests, great sportsmanship, and a couple of students potentially in the Wide Bay team. Well done and good luck to these students!



Dates to Remember

June 2023

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5	6	7	8	9	10	11
	AG Taster at TAFE for selected Yr10 students	St John's Playgroup 9am-10:30am				
12	13	14	15	16	17	18
	AG Taster at TAFE for selected Yr10 students	St John's Playgroup 9am-10:30am Readers Cup				

	Field Event 1	Field Event 5	Field Event 6	1500m	Field Event 1 12:20-1:15	400m/800m 1:25-2:45
Ages	Morning Break Wed Week 8	Morning Break Thur Week 8	Morning Break Tue Week 9	Morning Break Thur Week 9	Monday Afternoon Week 10	Monday Afternoon Week 10
8 Boys						400m
8 Girls						400m
9 Boys						400m
9 Girls						400m
10 Boys				1500m	High Jump 1	800m
10 Girls				1500m	High Jump 2	800m
11 Boys				1500m	Discus 1	800m
11 Girls				1500m	Discus 2	800m
12 Boys				1500m	Shot Put 1	800m
12 Girls				1500m	Shot Put 2	800m
13-14 Boys	Discus 1	Javelin	Triple Jump	1500m		800m
13-14 Girls	Discus 2	Javelin	Triple Jump	1500m		800m
15-17 Boys	High Jump	Javelin	Triple Jump	1500m		800m
15-17 Girls	High Jump	Javelin	Triple Jump	1500m		800m

Tuesday – 20th of June

Ages	Sprints 9:00	Field Events 10:00-10:50	Field Events 11:05-12:00	Field Events 12:15-1:15	200m 1:15-2:45
10 Boys	Sprints	Discus 1	Long Jump 1	Shot Put 1	200m
10 Girls	Sprints	Discus 2	Long Jump 2	Shot Put 2	200m
11 Boys	Sprints	High Jump 1	Shot Put 1	Long Jump 1	200m
11 Girls	Sprints	High Jump 2	Shot Put 2	Long Jump 2	200m
12 Boys	Sprints	Long Jump 1	High Jump 1	Discus 1	200m
12 Girls	Sprints	Long Jump 2	High Jump 2	Discus 2	200m
13-14 Boys	Sprints	Shot Put 3	High Jump 3	Long Jump 3	200m
13-14 Girls	Sprints	High Jump 3	Shot Put 3	Long Jump 3	200m
15-17 Boys	Sprints	Long Jump 3	Discus 1	Shot Put 3	200m
15-17 Girls	Sprints	Long Jump 3	Discus 2	Shot Put 3	200m

Wednesday – 21st of June

Ages	Sprints 9:00	Field Event 1 10:00-10:50	Field Event 2 11:05-12:15	Field Event 3 12:15-1:15	Field Event 4 1:30-2:30
6 Boys	Sprints	Discus 1	Shot Put 1	Break	Long Jump 1
6 Girls	Sprints	Discus 2	Shot Put 2	Break	Long Jump 2
7 Boys	Sprints	Long Jump 1	Discus 1	Shot Put 1	Break
7 Girls	Sprints	Long Jump 2	Discus 2	Shot Put 2	Break
8 Boys	Sprints	High Jump 1	Long Jump 1	Discus 1	Shot Put 1
8 Girls	Sprints	High Jump 2	Long Jump 2	Discus 2	Shot Put 2
9 Boys	Sprints	Shot Put 1	High Jump 1	Long Jump 1	Discus 1
9 Girls	Sprints	Shot Put 2	High Jump 2	Long Jump 2	Discus 2

Community Notices

POSITION VACANT

South Burnett Lutheran Parish has a vacancy for an experienced Administration Assistant in the Parish Office. Current hours of employment – up to eight hours per week. Weekly bulletin is usually printed on Friday.

Applicants must have a good knowledge of general office practices and procedures, including basic computer software programs.

Further information and a detailed Job Description and Criteria is available upon request from the Parish Office – kroy.luth@gmail.com

Applications close 11 June 2023.



FREE WEBINAR TRAINING

Breakfast Ideas to Boost Energy, Concentration & Learning

Online: Wed 24th May 8pm AEST

Simple breakfast options to help keep tummies full and take the pressure off lunchboxes.

An exclusive Community Engagement Parent Seminar for parents of the Children's Health Program Partner Schools



Scan to register

or go to

<https://therootcause.com.au/gfm2023/>

Children's Health Program
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The Root Cause
Standing for
Children's Health

Did you see Tommy ride past Wondai?



Tommy is a young stroke survivor, having suffered a stroke when 12 years old and is riding to Cape York to raise awareness of strokes, donations for research and encourage social inclusion.

Follow him at – the4points.org

Will he get to Cape York by the end of July this year?

Help spread the word with your friends about the trike rider who has already ridden over 6,000km across Australia. Any donations will go to The Stroke Foundation, Australia.

BUCK TO BRONCO

KINGAROY CLINIC

*MUST PRE BOOK

WHERE

T.J. O'Neill Oval, Bunya Hwy,
Kingaroy, QLD 4610

WHEN

Tuesday 4th July
10:00am-11:30am

COST

\$49



TO BOOK, SCAN THE QR CODE OR VISIT
am.ticketmaster.com/brisbanebroncos/clinic



Free shuttle bus running to and from nearby towns - call 4162 7788 to book



South Burnett CTC

SOUTH BURNETT CTC

your key to the future

SMALL TOWN SKILLS & FAMILY FUN DAY

BLACKBUTT & WONDAI

WEDNESDAY
JUNE 29
FROM 11AM-3PM

THURSDAY
JULY 6
FROM 11AM-3PM

FREE WORKSHOPS & ACTIVITIES FOR ALL AGES

LASER TAG + BBQ
SNOW CONES + POPCORN
BAKING CLASSES
SEWING + CRAFT
INDIGENOUS ART
BIKE REPAIR + PREP L
BATH BOMB MAKING
FLORISTRY WORKSHOPS
FAIRY FLOSS & MORE!



This program received grant funding from the Australian Government through the Safer Communities Fund Round 6 Early Intervention grants stream

ENVISION SOUTH BURNETT - WHOLE FAMILY



THE SOUTH BURNETT SUSTAINABLE FUTURE NETWORK INVITES YOU TO A COMMUNITY-LED VISIONING SESSION

Join people of all ages to imagine the South Burnett's sustainable and regenerative future. This visioning session will create space for **big and small ideas** on how we can get tactical and practical on our path to a low carbon future and one which is good for people and the planet.

This event is suitable for people **aged 5 - 105 years**. Friend groups, families and individuals all welcome. All people under 18 must be accompanied by a responsible adult.

Reception Room,
Kingaroy Town Hall,
Glendon St, Kingaroy

1.30 - 4 PM
SUNDAY 11 JUNE 2023

RSVP ESSENTIAL [HTTPS://EVENTS.HUMANITIX.COM/ENVISION-SOUTH-BURNETT-WHOLE-FAMILY](https://events.humanitix.com/envision-south-burnett-whole-family)

The **FREE** workshop will include:

- Regenerating Australia short film
- Community-led discussions and interactive activities suitable for people of all ages.
- Deep listening to identify ideas, dreams and pathways for a sustainable future.
- Afternoon tea

Spaces limited so be quick.
Please RSVP Saturday 10 June

Enquiries: Suzanne on 0499 527 830 or
southburnettsustainablefuture@gmail.com

ENVISION FOLLOW-ON

IMAGINE SOUTH BURNETT PLASTIC FREE



THE SOUTH BURNETT SUSTAINABLE FUTURE NETWORK INVITES YOU TO PLANNING & STRATEGISE TO CREATE A PLASTIC-FREE SOUTH BURNETT



This event is a follow-on from the community envisioning sessions that were held in May & June. At these previous events a number of visions were articulated; one of them being a **PLASTIC-FREE SOUTH BURNETT**.

We invite passionate and concerned people to attend this session and help create a plan to make this dream a reality.

All people and all ideas are very welcome.

Why not join us?

Reception Room,
Kingaroy Town Hall,
Glendon St, Kingaroy

1.30 - 4 PM
SUNDAY 18 JUNE 2023

RSVP ESSENTIAL [HTTPS://EVENTS.HUMANITIX.COM/PLASTIC-FREE-SOUTH-BURNETT](https://events.humanitix.com/plastic-free-south-burnett)

Please RSVP Saturday 17 June

The **FREE** workshop will include:

- Examples of successful projects
- Understanding of barriers
- Identification of ways forward
- Achievable action plan
- Space & time for connection
- Afternoon tea

Watch out for our next workshop in
July on mental & physical health.

Enquiries: Suzanne on 0499 527 830 or
southburnettsustainablefuture@gmail.com

**GFG
PROJECTS**

PROJECT WORKS NOTICE

St Johns Lutheran School, Kingaroy

UPCOMING WORKS AND OPPORTUNITIES

GFG Projects are proud to partner with St John's Lutheran School for the construction of a new Senior's Block.

Commencing on site in March, the project will include demolition of existing sports courts, and construction of a new two-level building in their place.

If there are any parents, relatives and friends of the school who would like to send through an expression of interest to quote works within this project, please send through your expression to amelia.robinson@gfg.com.au.

The GFG Projects team looks forward to working alongside the community of St John's Lutheran School!

CONTACTS AND ENQUIRIES

Our team is committed to keeping staff, students and their families informed about works on the project site. If you have any queries or concerns, please do not hesitate to contact:

Amelia Robinson, Contracts Administrator - GFG Projects

Phone: 0401 225 353

Email: amelia.robinson@gfg.com.au

Mail: PO Box 6441, Toowoomba, Qld, 4350

GFG Projects Pty Ltd QBCC Act Licence No: 15250242



Stanwell – Tarong Power Stations Apprentice and Trainee Program

Information Night

- When: Wednesday 14 June, 5.30pm – 7.00pm
- Where: Kingaroy State High School **Assembly Hall** - Kingaroy

Come along to learn more about Stanwell, the Apprentice and Trainee Program and how to apply for current opportunities.

Applications are open 12 June 2023 – 2 July 2023

For further information on these opportunities or to apply, please visit our Careers page at www.stanwell.com/careers-at-stanwell

Have a question regarding our Apprentice and Trainee Program? Send your query to EarlyCareerPrograms@Stanwell.com

TOYWORLD

where the best toys come from

 Kingaroy

MID YEAR LAY-BY EVENT

25% off In-store & Online*

12th to 16th June, **ONE WEEK ONLY**



Lay-by now for Christmas,
In-store & Online Lay-by options

Lay-by's available for collection
up to 22nd December 2023

NO Lay-by fees, NO Cancellation fees

*Offer excludes items already on Special,
see our website for full Lay-by Terms & Conditions*

HILLVIEW COTTAGES KINGAROY
Uniquely located high on the Booie Range where views go on forever

Invites you to
Aussie Camp Oven Dinner Under The Stars
Saturday 22nd July 2023 6pm to 10pm
With a Special Presentation from an Entertaining Professional Astronomer

\$90/person (Bookings Essential)
12 years and above

Come and enjoy a
Three course Aussie camp oven dinner
under the stars by the award winning camp oven cooks
The Bait Layers

Moffatdale Ridge Winery
licensed bar providing wine and selected beers

Experience a unique
laser guided tour
of the galaxy, a view
of the cosmos up close
through large telescopes
presented by an astronomer with links
to NASA, JPL and the Kingaroy Observatory.




Limited Number of Tickets Available
Pre-purchase tickets **ONLY** by 9th of July 2023
Contact **HILLVIEW COTTAGES KINGAROY**
on 0447 747 816 for more information and to book your tickets



Darling Downs
Health

Healthy Kids Program Kingaroy 2023



The Healthy Kids Program is a 5 month behaviour change program that has been developed to help children aged 5-12 and families enjoy a healthier lifestyle together. The program is designed to assist children who are overweight or obese. However, it is eligible for all primary aged children who may benefit from improved diet and lifestyle behaviours.

What does the program include:

- Input from dietitian, exercise physiologist, child health nurse and psychologist.
- Each month offered 1 x group education session and 1 x individual session with paediatric dietitian. To get the most out of this program it is expected that participants will attend all sessions.
- Workbook with notes on each session and weekly nutrition, exercise and wellbeing activities to complete at home

Topics covered include:

- Breakfast, lunch boxes, meal planning and family meal ideas.
- Good food choices and movement
- Mindful eating
- Healthy sleep and screen time.

Cost: The program is free of charge

Location: Allied Health, The Annexe, Kingaroy Hospital

Referrals: Via Smart Referrals – direct referral to the Dietetics department and indicate the referral is for Healthy Kids Program.

Dates: The next cohort will run from May 2023 – September 2023. Individual and group sessions are on Tuesday afternoons from 3.30 – 4.30pm.

Who is eligible: Children with poor diet quality or who are overweight or obese and appropriate for group education sessions.

More information contact Berneice Fitzpatrick Dietitian – ph 4162 0400
berneice.fitzpatrick@health.qld.gov.au



**ALL GIRLS
INVITATIONAL**

DATES ANNOUNCED SOON

**COME & TRY
SESSIONS AT
NANANGO
KINGAROY
WONDAI
MURGON**

OPEN TO ALL GIRLS OF ALL
EXPERIENCE LEVELS TO JOIN
IN, GAIN SKILLS AND HAVE FUN

**GAMES HELD AT
WONDAI SPORTS GROUNDS
SAT, 24TH JUNE**

UNDER 10S
UNDER 12S

RUGBY
LEAGUE

- REGISTRATIONS OPEN NOW -

MARTY HOLDING - 0400 950 642
BRITTANY HOLDING - 0438 889 326



South Burnett Community Orchestra

**Chamber
Orchestra
Concerts**

Featuring soloist
Sue-Ellen Paulsen

Saturday 27th May, 6pm
Kumbia Memorial School of Arts Hall
Includes supper - hot & cold finger food
Beer, wine & soft drinks available for purchase
Doors open 5.30pm
Tickets \$30
www.trybooking.com/CHURS
Also at Kingaroy Office Central til 24/5

Saturday 17th June, 3pm
Kingaroy Town Hall
Includes tea, coffee and biscuits
Doors open 2.30pm
Tickets \$20
www.trybooking.com/CHURU
Also at Kingaroy Office Central til 16/6




Limited tickets also available at the door.



Queensland
Government

This event is supported by RADF.
The Regional Arts Development Fund is a partnership between
the Queensland Government and South Burnett Regional
Council to support local arts and culture in regional Queensland.



South Burnett
Regional Council

www.sbco.com.au www.facebook.com/sbcorchestra Caz 0418 847 067 AH