St John's Lutheran School School Newsletter - 1st June 2023



In our Prayers this week:

Heslop Family – Adeleine Yr3, Olivia Yr5
Holt Family – Heidi Prep
Holznagel Family – Nash Yr3, Dempsey
Yr7, Lydia Prep
Hopkins Family – West Yr1
Hosking Family – Maddison Prep
Huxham Family – Alexander Yr4
Jackson Family – Avalon Yr7, Winter Prep
Jamieson Family – Jack Yr5, Ruby Yr8
Janes Family – Flynn Yr1, Cooper Prep



Sunday Worship Services:

St John's Church (36 Markwell Street, Kingaroy) - 9:30am

St John's Lutheran School 84 - 94 Ivy Street PO Box 506 Kingaroy QLD 4610

Phone: 0741623988

Email: office@sjls.qld.edu.au

Kindness is. . .

On Monday at devotion, the Year Two students received God's special book. The Bible is God's written record of his work through the ages. We know how to live, make decisions, and worship, thanks to the wisdom contained in God's special book. As we meditate and consider its truth, our spirits and souls find nourishment. We become established and enriched in every experience of life by living according to God's perspective. The Bible is a book for everyone. Thank you to the congregation members who came along to spend some time sharing with the Year Two students.

Bible Reading: John 3:16-17 God loved the people of this world so much that he gave his only Son, so that everyone who has faith in him will have eternal life and never really die. God did not send his Son into the world to condemn its people. He sent him to save them!



Weekly Wellbeing

We're probably all aware that social media can have some negative impact on our children's wellbeing; comparisons to the seemingly perfect life of others; mean comments; teasing and bullying; accidentally sharing too much personal information or pictures; inappropriate content that slips through filters; not realising that much social content cannot be deleted once it's online and can be seen years later. Not to mention the time drain of constantly clicking and watching online, leaving no time for homework, playing outside or being present with family. But it's not all bad. Social media can also be used to enhance wellbeing. It allows us to connect with family and friends over long distances, provides platforms to enhance and share creativity through art and music, and opens access to groups of people with similar interests. We can even become involved in current events or causes and have a voice in our community. Stay tuned for next week when we will share some tips on how to help your children make the most of the positive side of social media. Enjoy the rest of your week!

Ruth Muller - School Counsellor.



School Reminders and Information

<u>Whip Cracking</u> – For the remainder of the term, the lunchtime sessions on Thursdays and Fridays will be for the Whip Cracking Team members only. Our school team has been invited and sponsored to perform at the 26th World Mining Congress at the Brisbane Convention & Exhibition Centre during the school holidays. The students are getting as much practice as possible leading up to this exciting event. We look forward to sharing photos after the event.



<u>Money Found</u> – Some money has been found near the Year 3 classrooms. If you think this is yours, please come to the office to verify the amount & denomination.

<u>Scholastic Bookclub</u> – Issue #4 orders need to be returned to the office by <u>TOMORROW</u>, Friday, the 2nd of June.

₩SCHOLASTIC

<u>Uniform Shop</u> – As of this week, if you wish to visit the uniform shop on a **Monday**, please come into the office first. Mrs Davison will be in the Admin building and will take you over. **Wednesday** opening hours will remain the same, 8am – 9:15am. **Thursday** opening is by appointment only. We have noticed an increase in the use of the ordering system on the **school app**. This is a great tool for parents. If sizing is incorrect, please email Tricia tdav@sjls.qld.edu.au and she will happily swap items for the correct ones.

Enrolments 2023

Prep 2024 - As 2023 progresses, we are planning towards our Prep classes for 2024. Do you have a child whose birthday falls between 1st July 2018 & 30th June 2019? If so, they are eligible for Prep 2024. Please call into the office and collect an enrolment form, as we plan to hold enrolment interviews early next term. Every day is Open Day at St John's, come and have a look and a chat. If you have any questions regarding our school, or the enrolment process, please don't hesitate to contact Tracey Williams, our School Registrar, by phone or email twil@sils.gld.edu.au

<u>LLL Passbooks</u> - On the 31st of May, interest will again be added to all deposit accounts. We therefore ask that all LLL passbooks be sent to our, so that we can send them away to LLL to update the interest and carry annual audit.

Staying Safe - Child Protection Matters

It's everyone's job to keep kids safe at home at school, everywhere!

At St John's Lutheran School, lots of measures are in place to help students stay safe, and protocols are in place to deal with aspects of harm if this was to happen.

- 1. Student Code of Conduct Be a Learner, Be Respectful, Be Safe
- 2. School staff Code of Ethics living out our school values
- 3. Valuing Safe Communities training for all staff and volunteers available online
- 4. Bravehearts It's **Ok** to say **No** if you don't feel safe
- 5. Morcombe Foundation Recognise React Report
- 6. Kid's Help Line We Care, We Listen Phone 1800 551 800 anytime
- 7. St John's Child Protection Policy Teachers reporting as mandated if kids aren't safe (This policy has been updated this year to meet legislative requirements. A copy of this policy is available to read on the St John's School website or at the office.)
- 8. Safe at Play Undercover Area staff talking things through in a restorative manner

If students feel unsafe, they need to tell a staff member or trusted friend, or adult, so that action can be taken to deal with the issues and maintain a safe environment.

St John's Lutheran School has a commitment and duty to keep kids safe! Together we can do it!





National Reconciliation Week

The theme for National Reconciliation Week for 2023 (27th May-3rd June) is 'Be a Voice for Generations'. Prep and the Library have made some beautiful displays to emphasize the importance of connection and unity.





Nakka Wakka land.
Prep C
Acknowledge
ational Sorry Day









P&F News

Outer Space School Disco - The St John's School Disco is on this Friday, the 2nd of June, at the school hall. This year's theme is "Outer Space" - think stars, moon, planets, aliens, and astronauts - or just wear your best disco gear.

Juniors from 5.30pm to 7pm, and Seniors 5.30pm to 7.30pm - Senior students are also welcome to volunteer to help out during the night.

Student entry tickets are \$5.50 including sausage and drink.

This year we are welcoming parents to stay for the disco if they wish we hope you can volunteer to help out for part of the evening, but we also encourage families to socialise.

Book student disco tickets, order extra sausages, and volunteer to help, all online - click this link www.trybooking.com/CIIBU.

You can email <u>sjlspf@gmail.com</u> for more info. There will only be limited entry tickets available at the door, so please pre-book if you can.

Glow sticks, extra drinks, and other snacks will be available to purchase on the night. We are looking forward to a great night!



Library News

<u>Larrikin Book Fair</u> - Larrikin Book Fair will be held in the library from Monday, the 5th of June until Friday, the 9th of June.

Families are welcome to shop between 8am and 8.45am each morning and from 3pm to 4pm each afternoon. The school receives a percentage of sales, which will be used to purchase new books for the library. Eftpos will be available for purchases. Hope to see you there!

2023 Premier's Reading Challenge - The Premier's Reading Challenge is an annual State-wide initiative that we participate



in. The Challenge is not a competition, but aims to improve literacy and encourage children to read widely for pleasure and learning. Students can participate in the challenge by filling in the form that Mrs T has given to classes this week.

You can list your library books, home readers, class-guided readers, and any books that you read at home. Once you have read the allocated number of books (based on year levels), the form can be returned to the library. We have until the end of August to complete the challenge.

Students who complete the challenge will have their efforts recognised through the receipt of a Certificate of Achievement signed by the Premier of Queensland.

Students can complete more than one sheet, HOWEVER they will only receive one certificate. If you have any questions, please talk to Mrs T.



Primary Snippets

<u>Primary Choir Visits the Senior Citizens</u> - Last Friday the Year 3 choir travelled to the Kingaroy Town Common Hall to perform for the Senior Citizens.

They sang three pieces - Prince of Peace, Follow Jesu,s and Monster. The choir was a big hit – so much so that they have even been invited back next year to perform again! It was lovely to see smiles on the faces of young and old throughout the afternoon. Thank you to Mrs Ross and Mrs Hirsch for the great effort that they put into the choir.





<u>Year 2 Bible Presentation</u> - Our Year Two classes were privileged to receive their very own Bibles at Whole School Devotion on Monday. Mr Kotzur and Mr Bennett showed students some Bibles that have been written in different languages. We also found out an interesting fact - the Bible is both the bestselling book in the world and the most stolen one! Another interesting fact about the Bible is that it has been translated into over 1200 languages. The students spent some time reading their Bibles with members of the St John's Lutheran congregation after the devotion. It was a very special morning for the Year Two classes!











Secondary Snippets

<u>Study Time</u> – It's great to see many students using Study Time on Tuesday and Thursdays. Students from Years 7 – 11 are welcome to come from 7.30am to L2 Classroom to access assistance from Mrs Springhall and Mrs Roberts for catching up on work/assessment.

We look forward to seeing you there!



<u>Year 7 Science</u> - Year 7 students designing balloon-powered rockets as a culmination of their science forces unit.







<u>Kingaroy TAFE</u> - Selected Year 10 and 11 students experienced the Digitrek Roadshow held at Kingaroy TAFE last Thursday. The informational session covered a wide array of topics within digital technologies in the workplace from AI, Machine Vision, coding, 3D printing, drones, and even the Army Drone Racing Team!















Sporting News

<u>Inter-house Athletics Carnival</u> - Our Inter-house Athletics Carnival is scheduled for the last week of the term from Monday, the 19th of June, to Wednesday, the 21st of June. Please see the timetable of events attached to this newsletter for an outline of when children will be competing. <u>Please note there have been some changes in Week 8 for some events (please see the last pages of this newsletter.)</u>

A more detailed event program will be published in the forthcoming weeks. Parents and spectators are allowed to attend. Please note that event participation is based on the age your child is turning this calendar year.



Kokoda Challenge - This weekend, on the 3rd of June, two school teams will be competing in Brisbane at the 2023 Kokoda Challenge.

"The Lil Ripperz" and "Power Rangers" will be competing in the 18km challenge.

We look forward to seeing how they go. If you would like to support them, please search for their names on the Kokoda Challenge Website.





<u>Winter Carnival</u> - Students in Years 4 - 6 have had an amazing day at various locations competing at the Winter Carnival last Friday. Thank you to all staff and student referees at each location for their help in making the day a successful event. Well done to all!



Dates to Remember

May/June 2023							
Mon	Tues	Wed	Thurs	Fri	Sat	Sun	
29	30	31	1	2	3	4	
	AG Taster at TAFE for selected Yr10 students	St John's Playgroup 9am-10:30am Year 6 Fundraiser – State of Origin Free Dress Day		P&F School Disco			
5	6	7	8	9	10	11	
	AG Taster at TAFE for selected Yr10 students	St John's Playgroup 9am-10:30am					

Community Notices

POSITION VACANT

South Burnett Lutheran Parish has a vacancy for an experienced Administration Assistant in the Parish Office. Current hours of employment – up to eight hours per week. Weekly bulletin is usually printed on Friday.

Applicants must have a good knowledge of general office practices and procedures, including basic computer software programs.

Further information and a detailed Job Description and Criteria is available upon request from the Parish Office – kroy.luth@gmail.com

Applications close 11 June 2023.



FREE WEBINAR TRAINING

Breakfast Ideas to Boost Energy, Concentration & Learning

Online: Wed 24th May 8pm AEST

Simple breakfast options to help keep tummies full and take the pressure off lunchboxes.

An exclusive Community Engagement Parent Seminar for parents of the Children's Health Program Partner Schools



Scan to register

or go to

https://therootcause.com.au/gfm2023/



Did you see Tommy ride past Wondai?



Tommy is a young stroke survivor, having suffered a stroke when 12 years old and is riding to Cape York to raise awareness of strokes, donations for research and encourage social inclusion.

Follow him at - the4points.org

Will he get to Cape York by the end of July this year?

Help spread the word with your friends about the trike rider who has already ridden over 6,000km across Australia. Any donations will go to The Stroke Foundation, Australia.



UPCOMING WORKS AND OPPORTUNITIES

GFG Projects are proud to partner with St John's Lutheran School for the construction of a new Senior's Block.

Commencing on site in March, the project will include demolition of existing sports courts, and construction of a new two-level building in their place.

If there are any parents, relatives and friends of the school who would like to send through an expression of interest to quote works within this project, please send through your expression to amelia.robinson@gfg.com.au.

The GFG Projects team looks forward to working alongside the community of St John's Lutheran School!

CONTACTS AND ENQUIRIES

Our team is committed to keeping staff, students and their families informed about works on the project site. If you have any queries or concerns, please do not hesitate to contact:

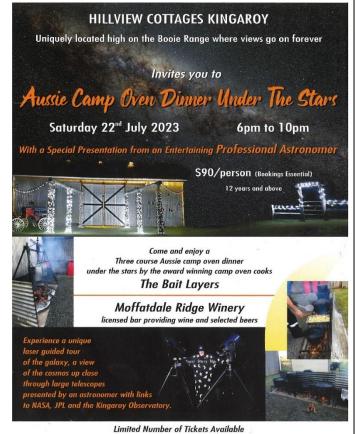
Amelia Robinson, Contracts Administrator - GFG Projects

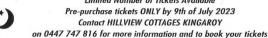
Phone: 0401 225 353

Email: amelia.robinson@gfg.com.au Mail: PO Box 6441, Toowoomba, Qld, 4350

GFG Projects Pty Ltd QBCC Act Licence No: 15250242











Darling Downs Health

Healthy Kids Program

Kingaroy 2023



The Healthy Kids Program is a 5 month behaviour change program that has been developed to help children aged 5-12 and families enjoy a healthier lifestyle together. The program is designed to assist children who are overweight or obese. However, it is eligible for all primary aged children who may benefit from improved diet and lifestyle behaviours.

What does the program include:

- Input from dietitian, exercise physiologist, child health nurse and psychologist.
- Each month offered 1 x group education session and 1 x individual session with paediatric
 dietitian. To get the most out of this program it is expected that participants will attend all
 sessions.
- Workbook with notes on each session and weekly nutrition, exercise and wellbeing activities to complete at home

Topics covered include:

- Breakfast, lunch boxes, meal planning and family meal ideas.
- Good food choices and movement
- Mindful eating
- Healthy sleep and screen time.

Cost: The program is free of charge

Location: Allied Health, The Annexe, Kingaroy Hospital

Referrals: Via Smart Referrals – direct referral to the Dietetics department and indicate the referral is for Healthy Kids Program.

Dates: The next cohort will run from May 2023 – September 2023. Individual and group sessions are on

Tuesday afternoons from 3.30 – 4.30pm.

 ${\it Who}$ is eligible: Children with poor diet quality or who are overweight or obese and appropriate for group education sessions.

More information contact Berneice Fitzpatrick Dietitian – ph 4162 0400 berneice.fitzpatrick@health.qld.gov.au





- REGISTRATIONS OPEN NOW -

MARTY HOLDING - 0400 950 642 **BRITTANY HOLDING - 0438 889 326**





Chamber Orchestra Concerts

Featuring soloist Sue-Ellen Paulsen

Saturday 27th May, 6pm

Kumbia Memorial School of Arts Hall Includes supper - hot & cold finger food Beer, wine & soft drinks available for purchase Doors open 5.30pm Tickets \$30

www.trybooking.com/CHURS Also at Kingaroy Office Central til 24/5

Saturday 17th June, 3pm

Kingaroy Town Hall

Includes tea, coffee and biscuits Doors open 2.30pm Tickets \$20

www.trybooking.com/CHURU Also at Kingaroy Office Central til 16/6





Limited tickets also available at the door.

This event is supported by RADF **Oueensland Government The Regional Arts Development Fund is a partnership between the Queensland Government and South Burnett Regional Council to support local arts and culture in regional Queensland.



www.facebook.com/sbcorchestra

Caz 0418 847 067 AH

WONDER WOLVES

OUR ALL ABILITIES RUGBY LEAGUE PROGRAM IS BACK FOR 2023!









SESSION 1 - SUNDAY MAY 28TH AT 9.00AM



REGISTER NOW TO OUR PROGRAM LEADER BRITTANY HOLDING -0438 889 326

ENVISION SOUTH BURNE OIF FAM



THE SOUTH BURNETT SUSTAINABLE FUTURE NETWORK INVITES YOU TO A COMMUNITY-LED VISIONING SESSION

Join people of all ages to imagine the South Burnett's sustainable and regenerative future. This visioning session will create space for big and small ideas on how we can get tactical and practical on our path to a low carbon future and one which is good for people and the planet.

This event is suitable for people aged 5 - 105 years. Friend groups, families and individuals all welcome. All people under 18 must be accompanied by a responsible adult

Reception Room, Kingaroy Town Hall, Glendon St, Kingaroy

SUNDAY 11 JUNE 2023

RSVP ESSENTIAL HTTPS://EVENTS.HUMANITIX.COM/ENVISION SOUTH-BURNETT-WHOLE-FAMILY

The FREE workshop will include:

- Regenerating Australia short film
- Community-led discussions and interactive activities suitable for people of all ages
- Deep listening to identify ideas, dre pathways for a sustainable future. Afternoon tea



Spaces limited so be quick ease RSVP Saturday 10 June

nquiries: Suzanne on 0499 527 830 or southburnettsustainablefuture@amail.com

	Field Event 1	Field Event 5	Field Event 6	1500m	Field Event 1 12:20-1:15	400m/800m 1:25-2:45
Ages	Morning Break Wed Week 8	Morning Break Thur Week 8	Morning Break Tue Week 9	Morning Break Thur Week 9	Monday Afternoon Week 10	Monday Afternoon Week 10
8 Boys						400m
8 Girls						400m
9 Boys						400m
9 Girls						400m
10 Boys				1500m	High Jump 1	800m
10 Girls				1500m	High Jump 2	800m
11 Boys				1500m	Discus 1	800m
11 Girls				1500m	Discus 2	800m
12 Boys				1500m	Shot Put 1	800m
12 Girls				1500m	Shot Put 2	800m
13-14 Boys	Discus 1	Javelin	Triple Jump	1500m		800m
13-14 Girls	Discus 2	Javelin	Triple Jump	1500m		800m
15-17 Boys	High Jump	Javelin	Triple Jump	1500m		800m
15-17 Girls	High Jump	Javelin	Triple Jump	1500m		800m

Tuesday – 20th of June

Ages	Sprints 9:00	Field Events 10:00-10:50	Field Events 11:05-12:00	Field Events 12:15-1:15	200m 1:15-2:45
10 Boys	Sprints	Discus 1	Long Jump 1	Shot Put 1	200m
10 Girls	Sprints	Discus 2	Long Jump 2	Shot Put 2	200m
11 Boys	Sprints	High Jump 1	Shot Put 1	Long Jump 1	200m
11 Girls	Sprints	High Jump 2	Shot Put 2	Long Jump 2	200m
12 Boys	Sprints	Long Jump 1	High Jump 1	Discus 1	200m
12 Girls	Sprints	Long Jump 2	High Jump 2	Discus 2	200m
13-14 Boys	Sprints	Shot Put 3	High Jump 3	Long Jump 3	200m
13-14 Girls	Sprints	High Jump 3	Shot Put 3	Long Jump 3	200m
15-17 Boys	Sprints	Long Jump 3	Discus 1	Shot Put 3	200m
15-17 Girls	Sprints	Long Jump 3	Discus 2	Shot Put 3	200m

Wednesday – 21st of June

Ages	Sprints 9:00	Field Event 1 10:00-10:50	Field Event 2 11:05-12:15	Field Event 3 12:15-1:15	Field Event 4 1:30-2:30
6 Boys	Sprints	Discus 1	Shot Put 1	Break	Long Jump 1
6 Girls	Sprints	Discus 2	Shot Put 2	Break	Long Jump 2
7 Boys	Sprints	Long Jump 1	Discus 1	Shot Put 1	Break
7 Girls	Sprints	Long Jump 2	Discus 2	Shot Put 2	Break
8 Boys	Sprints	High Jump 1	Long Jump 1	Discus 1	Shot Put 1
8 Girls	Sprints	High Jump 2	Long Jump 2	Discus 2	Shot Put 2
9 Boys	Sprints	Shot Put 1	High Jump 1	Long Jump 1	Discus 1
9 Girls	Sprints	Shot Put 2	High Jump 2	Long Jump 2	Discus 2