St John's Lutheran School School Newsletter - 20th April 2023



In our Prayers this week:

Eagleson Family – Isaac Yr4, Ellie Yr6, William Yr 7
Edwards Family – Theodore Prep
Elder Family – Lincoln Yr1, Hayley Yr3,
Dylan Yr5
Ellem Family – Tayen Yr5
Elliot Family – Angus Prep, James Yr2,
Charlie Yr5
Elliot Family – Jade Yr1, Emily Yr5
Engle Family – Riley Prep
English Family – Thomas Yr3 Charlotte Yr5



Sunday Worship Services:

St John's Church (36 Markwell Street, Kingaroy) - 9:30 am

St John's Lutheran School 84 - 94 Ivy Street PO Box 506 Kingaroy QLD 4610

Phone: 0741623988

Email: office@sjls.qld.edu.au

Kindness is. . .

As we approach Anzac Day, we remember those who have fought and died for our country and our freedom – and we remember their bravery. At this time, everyone in our nation is being asked to be brave as well - to step bravely into the many challenges that are facing our world.

As we take time to reflect on ANZAC Day this week, let each of us strive to follow the example of bravery that has been modelled for us by our soldiers - valuing the sanctity of every individual's life as we strive for peace in our country and in our world.

Jesus lived a life of service, and he also made the ultimate sacrifice on our behalf, freeing us from the power of sin and giving us the chance of a right relationship with God.



Weekly Wellbeing

A man found the cocoon of a butterfly. One day, a small opening appeared. He sat and watched the butterfly for several hours as it struggled to squeeze its body through the tiny hole. Then it stopped, as if it couldn't go further.

So, the man decided to help the butterfly. He took a pair of scissors and snipped off the remaining bits of cocoon. The butterfly emerged easily but it had a swollen body and shrivelled wings.

The man continued to watch it, expecting that any minute the wings would enlarge and expand enough to support the body, neither happened! In fact, the butterfly spent the rest of its life crawling around. It was never able to fly.

What the man in his kindness and haste did not understand was that the restricting cocoon and the struggle required by the butterfly to get through the opening was a way of forcing the fluid from the body into the wings so that it would be ready for flight once that was achieved.

Sometimes struggles are exactly what we need in our lives. Going through life with no obstacles would cripple us. We will not be as strong as we could have been, and we would never fly.

https://www.butterflyinsight.com/butterfly-stories-the-butterfly-struggle-a-moral-life-lesson.html

From the Principal - Mrs Karyn Bjelke-Petersen

Welcome back to a busy but wonderful Term 2. I hope that you have all managed to enjoy some precious family time over the Easter break. Term 2 is always jam-packed with many events, and seems to be made even more compact due to the public holidays.

Over the break, we have had a number of staffing updates. Next week, Mr Scott Collier joins our staff and will be taking all the primary PE classes. As an experienced PE teacher, he is looking forward to sharing his skill set. We thank Mrs Dunkin and Mr Murphy for their work last term in the PE classes. They both did a great job working with the students across the primary school.

Mrs Dunkin has accepted the role in secondary teaching the Year 7/8 English and HaSS classes alongside Mrs Welch and Mrs Starkey, and also the Year 11 Religion and Ethics class. Mrs Vicki Lake is also supporting these classes for the first two weeks of term as part of the transition process.

Mrs Holly Livett joins our teaching staff also this term, in 4P on Mondays and also primary Wellbeing/ Health classes.

Mr Norris has accepted a second role within the school; alongside his days as learning coach in secondary, assisting Mrs Thamm in the IT department.

We also have several staff who are on leave for part or for the whole of Term 2. We are grateful that we have a number of quality and experienced relief staff who are available to assist covering classes and supporting our students and staff.

We have attached a letter to this newsletter inviting parents to be part of our school wide survey. The survey will be open for 2 weeks from the 28th of April. This is an opportunity for you to give the leadership team and school council feedback about what you see is working well or things that can be improved. The more constructive feedback we can gather from this survey, the more information we will have to assist us with our Strategic Planning later in the year. It is quite an in-depth survey with many click and tick features but also opportunity to provide comments in various sections.

We are continuing to work through various stumbling blocks in regard to our new secondary building. We just get through one step along the way and then it appears there is another stumbling block. As you can imagine with a build of this size, there are many different factors including the earthworks, storm management etc., and these areas all take significant time. Each day is a day closer to finally seeing some action in this area. We are as eager as the builders and the local contractors to see this project start.

I hope we have many students join us at the Anzac Day marches in Kingaroy and Wondai. This occasion is a very important one in our calendar and I remind the students of the solemnity of the occasion. Please see further information regarding Anzac Day services we are holding here at school.

I pray this term will be a fruitful and exciting term for all in our community.

From the Deputy Principal - Mr Steven Lake

Dear St John's community, welcome to Week One! I would like to take this opportunity to sincerely thank members of the school community for the amazing support shown over the first term of 2023. It was an extremely busy time but, overall, students were focused, despite their fatigue, and there is a good spirit in student and staff groups. I wish to thank everyone, including parents, who are lending first-class support to all our school endeavours. Term Two is looking just as busy.



We have much to be thankful for and much to look forward to as we move into Term Two. Parent/Teacher/Student Interviews were conducted at the end of last term. These interviews provided a good opportunity to discuss student progress and to set academic goals for the remainder of the year. This term will allow for these goals to be solidified and worked towards in the coming weeks.

To maximise the opportunities that lie ahead, and to commence the term well, it is important that students are prepared and organised. Families and students are asked to ensure that all elements of the uniform are at hand, that haircuts have occurred, and that excess jewellery is removed prior to arriving at school. I genuinely appreciate the support of our parents and co-operation of our students in maintaining the school dress and appearance standards.

I also encourage students to check their school supplies and replenish any items that may need replacing. There is a lot of information about student apprenticeships coming to hand, so students in Years 10 and 11 should see me, Mr Schmidt, or Mr Collier (starting in Week 2) if they are interested in pursuing an opportunity down that pathway.

I wish our Year 8 and 9 students well on their camp next week to Luther Heights at Coolum. I am sure they will find this experience enriching and an opportunity to make new friendships and consolidate old ones.

We are anticipating that we will finally see progress occur at the start of works for the new secondary building. Hopefully, we will see this building go up fast and be ready as soon as possible for us to occupy early in 2024.

Anzac Day March

Next Tuesday, the 25th of April, is Anzac Day, and St John's School will be marching in the parades at both Kingaroy and Wondai.

Please see full details below:

KINGAROY – St John's staff will be attending the Anzac Day parade. If children from school would like to participate, please look for St John's Staff, who will be co-ordinating this event. Students will need to wear their formal school uniform – the uniform dress for the girls, the brown and gold shirt and brown shorts for the boys. Secondary students are required to wear the secondary formal uniform. Students should also wear their school hat, as they are in the sun for quite a while, waiting beforehand and then marching in the parade. We will meet in front of the Kingaroy RSL Club (Kingaroy Street) at 10:30am for an 11:00am start. Mr Moseling will be co-ordinating. As we arrive in Memorial Park, we will veer to the right and wait for parents to pick up their children from this area as soon as the march finishes, and before the Anzac Day ceremony commences. It is anticipated that the service will commence at 11:15am.

<u>WONDAI</u> - If students from Wondai area wish to march in the Wondai Anzac Day Parade, please meet with Mrs Felicity Jorgensen in front of the Wondai Post Office at 9:40am for a 10am start. Please wear your formal school uniform and school hat as above.

We encourage parents to speak to their children regarding the significance of the Anzac Day march and the importance of the children showing appropriate respect and solemnity while participating in this event.



Kingaroy Eisteddfod

A note will go home today with further details for the students performing at the eisteddfod.

Tuesday 9th May 2023							
Group Performing	Arrive St Johns	Bus Leaves St John's	Session Time				
Junior Concert Band	7:15am	7:30am	8:00 am				
Year 3 Junior Choir	7:15am	7:30am	8:00 am				
Senior Concert Band	7:45am	8:00am	8:15 am				
10.00	<u> </u>		.1 1 11				

10:30am approx. - Year 5 and 6 students who are in the Senior Concert Band will stay at the hall.

The bus will return all other students to school except students in the Primary Instrumental Ensemble.

Primary Instrumental Ensemble	Students at hall no bus required	10:45 am
-------------------------------	----------------------------------	----------

Primary Instrumental Ensemble students will return to St Johns at approx.1:30pm by bus

GROUP PERFORMING	BUS INFORMATION	Afternoon Session Time Commences 2:15pm	
Senior Choir	Bus leaving St. John's at 1:45pm –	Performance approx. 3pm	

<u>There will be NO bus returning to St Johns after the Senior Choir performance</u> as their section will finish after school hours. Parents are to please collect students from the Town Hall forecourt after the Senior Choir performance at approx. 3.30pm.

Eisteddfod - Dance

Our dance group will perform on Saturday, the 29th April, in the afternoon. An email was sent home yesterday to parents and carers with the information. We look forward to seeing them perform at this event after all their practice. Thank you to Miss Canniford for your work in preparing the eager group of students!

School Reminders and Information

<u>Year 8/9 Camp</u> - A reminder payments are overdue for camp. Please call Mrs Williams in the office to make your payment.

Sporting Schools - Notes for Sporting Schools will go home today to Years 1-6 this afternoon, and Year 7-10 in the morning Pastoral Care lesson. Spaces are filled on a first return basis and are limited. Please return the forms to the front office by Friday, the 28th of April. Your child will receive confirmation of their place in the program on Friday, the 3rd of May.

<u>South Burnett Cross Country</u> - Notes will be going out today to students who have qualified for SB Cross Country trials.

Bookclub - Issue 3 of Bookclub has been distributed and is due back on Wednesday the 3rd May.

<u>Term 2 Staffing Update</u> - Barb Pearson tendered her resignation before the holidays due to personal reasons. We thank Barb for her many many years of service to support students and staff. We wish Barb every blessing as she spends time with family and enjoying grandparent duties.

Glen Culling has also tendered his resignation after accepting another job. We thank Glen for the work he has done in secondary during Term 1.

Please keep all of these staff in your prayers as they transition to new phases in their life.

Walk this Way Watch this space! St John's is taking part in something special so we can help children in refugee camps go to school.



Kingaroy 115th Annual Show

St John's will have their display at the Education pavilion at this year's Kingaroy Show. This is a great opportunity to promote our school and be a part of the South Burnett community.

In Term 1, we had a representative from the Kingaroy Show Society speak with students about getting involved with the different 'sections' they can enter in. Needlework, art, baking, photography and Lego are only some of the sections that students (and adults) can enter. After the St John's Lego Competition in 2022, we know that

there are many clever "Lego Masters" in the St John's

community.

Below is the link to the Kingaroy Show Society's schedule page where you can download your entry forms. Please take note of the closing dates for each section.

Schedules | Kingaroy Show Society

Primary Snippets

Giaan Z (6L) amazed us at the Year 4-6 devotion on Monday as she sang the beautiful song 'Peace'. Giaan will be performing this solo piece at the upcoming Eisteddfod in May. We also thank her accompanist Julee-Anne Bell for taking time out of her busy schedule to assist Giaan. We are confident that you will dazzle at the Eisteddfod!





Check out Mrs T's amazing ANZAC display in the library. St John's has a variety of fiction and non-fiction books on the ANZAC theme that help educate children about the momentous event that shaped Australian history. Mrs T has been taking the time to share some of these stories with Primary classes during library lessons this week.







"We love to read!

What is your favourite place to read? Prep D found that outdoors is an enjoyable place to share some reading. Here Prep D are sharing an Outdoor Reading Session. The class were very excited, with a unanimous suggestion: "We should do this again!"



Year 6 Camp Fundraiser - Car Wash

The Year 6 students are excited to be able to give your car some TLC next Saturday, the 29th of April, between 8am and 1pm. All proceeds raised will go towards the Year 6 camp which will take place in October.

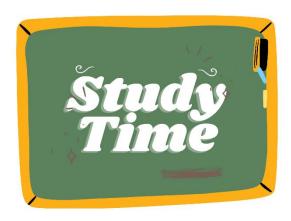
Keep a lookout in the school newsletter & social media for other fundraising events!



Secondary Snippets

We are looking forward to welcoming students back to Study Time next Tuesday and Thursday. Students from Years 7 – 11 are welcome to come along every Tuesday & Thursday from 7.30am in L2 Classroom to access assistance from Mrs Springhall and Mrs Roberts for catching up on work/assessment.

We look forward to seeing you there!



Dates to Remember

March 2023								
Mon	Tues	Wed	Thurs	Fri	Sat	Sun		
17	18	19	20	21	22	23		
Term 2 Commences Junior Devotion Year 4-6 8:50am Prep - Yr 3 10:05am		St John's Playgroup 9am- 10:30am		Secondary Devotion 8.50am - Special Guest Martin Harmsworth attending from RSL				
24	25	26	27	28	29	30		
Combined Primary ANZAC Service 8.50am	ANZAC DAY	St John's Playgroup 9am- 10:30am			Dance Eisteddfod Year 6 Car Wash Fundraiser at St John's			
		Year 8 & 9 Camp at Luther Heights			CAR WASH			

Community Notices

CASUAL CLEANER REQUIRED

A local accommodation business is looking for a casual cleaner (approx. 10 -15 hrs a week). Flexibility across Monday to Friday and driver's licence are required. Attention to detail and being able to work with minimal supervision are crucial. Cleaning materials and training are provided. Hours will range between 9am and 2pm as required. Please email resume and contact details to: info@bethany.net.au. Attention: John

Darling Downs Health

Healthy Kids Program

Kingaroy 2023



The Healthy Kids Program is a 5 month behaviour change program that has been developed to help children aged 5-12 and families enjoy a healthier lifestyle together. The program is designed to assist children who are overweight or obese. However, it is eligible for all primary aged children who may benefit from improved diet and lifestyle behaviours.

What does the program include:

- · Input from dietitian, exercise physiologist, child health nurse and psychologist.
- Each month offered 1 x group education session and 1 x individual session with paediatric dietitian. To get the most out of this program it is expected that participants will attend all sessions.
- Workbook with notes on each session and weekly nutrition, exercise and wellbeing activities to complete at home

Topics covered include:

- · Breakfast, lunch boxes, meal planning and family meal ideas.
- Good food choices and movement
- · Mindful eating
- · Healthy sleep and screen time.

Cost: The program is free of charge

Location: Allied Health, The Annexe, Kingaroy Hospital

Referrals: Via Smart Referrals – direct referral to the Dietetics department and indicate the referral is for Healthy Kids Program.

Dates: The next cohort will run from May 2023 – September 2023. Individual and group sessions are on Tuesday afternoons from 3.30 – 4.30pm.

Who is eligible: Children with poor diet quality or who are overweight or obese and appropriate for group education sessions.

More information contact Berneice Fitzpatrick Dietitian – ph 4162 0400 berneice.fitzpatrick@health.qld.gov.au





