

St John's Lutheran School

School Newsletter – 22nd February 2023



In our Prayers this week:

Bolton Family – Eliza Prep
Boonzaaier Family – Divan Yr 10, Yr 7
Bouchereau Family – Remy Yr 2
Boxall Family – Edward Yr 1
Boynton Family – Taylah Yr 8, Grace Yr 1
Bradshaw Family – Samuel Yr 9, Laylah Yr 7
Brenson Family – Emmett Yr 1
Broomhall Family – Darcy Yr 1



Worship Services

St John's Lutheran Church.
Every Sunday at 9.30am
Address: 36 Markwell Street, Kingaroy

St John's Lutheran School
84-94 Ivy Street Kingaroy
Ph: 4162 3988
office@sjls.qld.edu.au

Kindness Is. . .

This week, we want to consider how **kindness can be the reason** for our words and our actions and how we treat other people. One of the 'Play is the Way' guidelines is to have reasons for the things we say and do. Another way of putting this is to stop and think about things before we act. So we asked students, 'how does this apply to our theme of Kindness?'

The first step is to check with yourself - is this the right thing to be doing? Is this showing kindness? Is what I'm about to say going to help others or hurt them? The second step is to think about possible ways we can be kind, and purposely reach out to others. Always showing love and kindness towards other people is a good reason to do things – it makes others feel happy and special. May the Lord be with you this week as you seek to be kind to others!

Bible Reading: 1 Timothy 4:12

Don't let anyone have a go at you because you are young. Set a good example for others by what you say and do, as well as your love and faith.



'The Little Things'

By Margaret Lindsey

The little things are most worthwhile

A quiet word, a look, a smile,

A listening ear that's quick to share

Another's thoughts, another's care...

Though sometimes they may seem quite small,

These little things mean most of all.

From the Principal

Thank you to the families and carers who attended the Primary Information Sessions last week. It was great to be able to share some general school procedures and updates with families. We had some lovely feedback from parents who also visited the classrooms to gain further information as to what the teachers have planned for the year ahead.

One topic we presented at the Information Evenings was the importance of everyone taking care in our car park. Our car park is a busy area for approximately 30 mins at the beginning and end of each day. We all have a responsibility to ensure our students are kept safe in and around this area.

'Park before you disembark' is a great motto to remember. Please do not let your children out of the car when you are not parked in the designated areas. Even if your car is stationary due to traffic congestion, this is not a safe practice.

It's another busy week with swimming for Year 4 to 6 students happening this week. We are looking forward to a great swimming carnival on Friday and hope that many parents can join us to cheer on their 'house'.

Karyn Bjelke-Petersen



From the Deputy Principal

We are living in times of difficulty that really test us and our ability to cope with different pressures. But sometimes we just need to take a step back and really think about the greatest gift that we receive from God – life. This week, how are you going to respond to this life you have been given?

Congratulations to our Year 11 students who have continued to navigate their first year of senior schooling. The difficulty level in studies has dramatically increased, and most students have really begun to work hard to ensure they optimise their learning opportunities. Now we are into Week Five, the first of the assessments have started. Now is a good time to ensure that everyone is well organised and prepared. Please contact your subject teachers if there are any concerns.

Well done to our Year 7 students who have come back from camp with a renewed level of commitment. Hopefully this translates well to their involvement in the secondary swimming carnival this week. I was also very fortunate to have been part of the Defence Force talk that was delivered to our Year 10 and 11 students. It was amazing to see so many potential opportunities for these students now and into the future. I know that this discussion will also be followed up by Mr Schmidt over the next few weeks.

Finally, I just wanted to remind students, parents and caregivers of the uniform guidelines, regarding jewellery, makeup and wearing the correct aspects of the uniform itself. For Secondary students, if you have any questions regarding this, please contact the Pastoral Care teachers, or refer to the added sections of the student diaries to clarify. Students will be asked to remove makeup, inappropriate jewellery, and other unreasonable additions to the uniform. Despite this message, most students have been wonderful, following the school guidelines very well.

Steven Lake



Weekly Wellbeing

We all, including our children, face difficult circumstances in life, whether it be difficulty with schoolwork, friendship issues, family struggles, or a much bigger crisis event. Resilience is a skill that helps us navigate, work through, and overcome difficulties and setbacks in life, with flexibility. The best news is that resilience can be developed! Some things we can do to foster resilience in our kids are:

- Encourage them to build social support by connecting with and helping others.
- When a situation is overwhelming, allow them to take a break and focus on something else for a while.
- Encourage self-care through nutrition, exercise, adequate rest, and down-time.
- Help them see the broader picture, and place the situation in context.
- Nurture a positive self-image by focusing on their strengths and abilities and how they have faced challenges in the past.
- Make home a haven, a place they feel safe and secure.



New Staff Profile

My name is Doneale Clausen, and I am a Learning Coach in 2P this year. I am married with two adult children. I moved to Kingaroy 4 years ago, for a tree change, leaving Primary Teaching in Sydney to work at a local state school. For the past 3 years, I was the Early Childhood Teacher at a local Kindy. I am excited for the opportunity to work in a positive Christian School environment, as I become a part of the school community. One of my passions is drawing, especially horses.



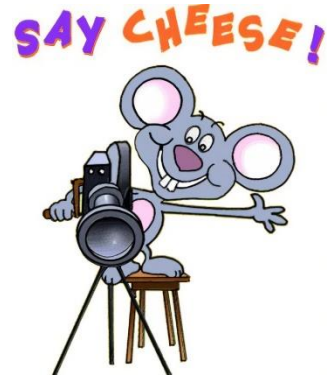
School Reminders and Information

School Photos – Wednesday, the 8th of March

All students received their personally named photo order packet last week

All packets need to be **returned to the office by Wednesday, the 1st of March.**

1. Photo packets must be returned to the office (not the classroom).
2. All students will have their photos taken, both class and single, whether or not they are ordering photos.
3. Family photo packets are separate. If parents want a family photo (2 or more family members at school), family photo packets are available for collection from the office and **must be returned to the office.** As the Kindy has organised their own photos this year, anyone who wishes to have their Kindy child included in a family photo will need to pick their child up from Kindy and take them up to the photo area – time to be advised.
4. There is a money-back guarantee if parents are dissatisfied with a photo they have paid for.
5. Payments can all be in one packet. If paying by credit card, payments can be bundled into one payment to avoid extra credit card charges. Just write on the envelope which payments are included.



Uniform Requirements –

Girls - Prep - skort, gold polo shirt (not house shirt), brown socks and black shoes.

Girls - Year 1 to Year 6 - formal dress, brown socks and black shoes.

Boys - Prep to Year 6 - shorts, gold polo shirt (not house shirt), brown socks and black shoes.

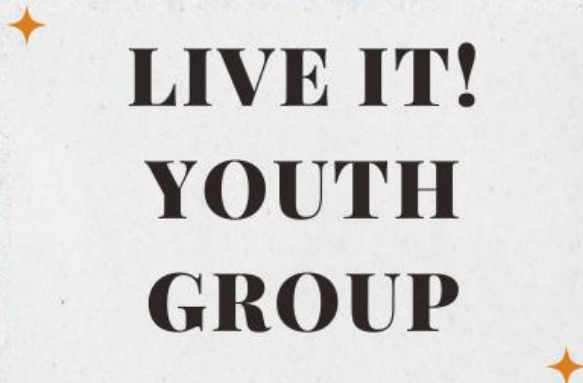
Year 7, 8, 9 & 10 Students - formal uniform, brown socks and black shoes.

Senior and Junior Ensemble - Band members are to wear their formal school uniform on the day. Please make sure they have their instrument for the band photo.

House Captains - House captains are to bring their house shirts to school on photo day.

Live it! Youth Group

Heaps of fun at our first Live it! for the year. It was all Dodgeball all evening, with a few Zoopadoopas thrown in to cool down afterwards. Thank you to Mr Mo, Mr Landherr and Mrs Boonzaaier for running this evening.



Uniform Policy - Excerpt

Each week we will provide a section of our Uniform Policy as a reminder for parents as to the expectations. Upon signing the enrolment contract, parents are asked to support the school's policies. School uniforms can be a very emotive issue. Some families would prefer us to be more formal in our approach and add blazers and the like, while other families would wish for us to be more lenient.

The purpose of uniforms and expectations is to create a sense of pride and belonging within the community. Our Uniform policy is reviewed regularly and will be again reviewed as we move into senior phase of schooling. Please familiarise yourself with the details in each section of the uniform policy. Staff will be following up with requests to parents to support their child in adhering to the policy. Thank you for your support in this area.

1. Appearance

The school uniform is compulsory and worn at all times unless stipulated otherwise. Students are encouraged to take pride in themselves and the school through correct wearing of the uniform as outlined by the following requirements.

General

- Uniforms are to be maintained in a neat and tidy manner at all times – this includes being clean and in good order
- Secondary students are to wear formal and sports uniform as required by their timetable
- Jumpers are not to be worn tied around the waist
- Dress length needs to be conservative for modesty. They should be no less than 5cm from the ground when kneeling
- Sandals are not worn with sports uniform or with the winter uniform options
- Socks are not to be worn with sandals
- Secondary students should have shoes with leather uppers due to work health and safety requirements for certain subjects
- School uniform must be worn correctly out of school hours when students are in public
- Students are required to wear the correct uniform right up to the last day of the school year
- House team sports shirts are to be worn on Inter-House Athletics, Cross Country and Swimming Carnival days and also on PE lessons days each week:
 - Prep – Year 6 will wear house shirts on their PE lesson days. Teachers will advise classes what day/s this is
 - Secondary students may wear house shirts on carnival days and for inter-house events

School Fees - School Fee Statements for Term One will be mailed out to all families this week. Fees are due for payment by **Friday, the 10th of March**, and can be paid at the school office by cash, cheque or eftpos. Phone payments can be made also, or pay by the credit card slip printed on the bottom of the account. Families are welcome to make payments earlier or by instalments should they wish. The longer the period over which instalments are spread, the smaller each instalment amount is. Students in Years 7 – 11 will receive the State Government Textbook Allowance credit on their Term One statements. If you have any questions regarding your fees, please contact Mrs Williams.

Full Year's Fees Discount - Another option is to pay your full year's fees by the 31st of March to receive a 5% discount on tuition fees. Please contact our registrar, Mrs Williams, regarding this option, so that an account can be issued for the full year's fees with the 5% discount applied.

School Vaccinations Update

As you may be aware, Department of Health and Aged Care have announce that [HPV vaccine has changed to a single dose](#), which means Year 7 only require one round of immunisations.

With this announcement we are advising that our school clinics this year are:

- 8th May 2023 starting at 1.15pm (Year 7)
- 12th June 2023 starting at 1.15pm (Year 10)

Please remember to return your school vaccination forms to the office even if you are not participating in the school vaccination program.

2023 Student Residential Address and Other Information Collection Notice

The Australian Government Department of Education and Training has requested that your child's school provide a statement of address in accordance with the *Australian Education Regulation 2013*. Please click on the link below for more information regarding the purpose of this collection.

[Collection Notice for Parents or Guardians - 2023 Student Residential Address and Other Information](#)

Farm Hosts Wanted for Agricultural Practices Traineeships

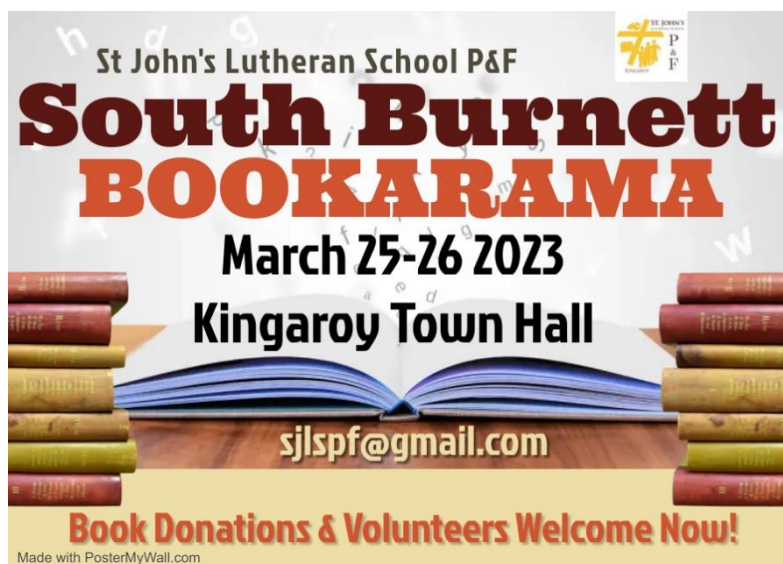
We now have several students at our school intending to pursue traineeship qualifications in agricultural practices through University of Qld. For this to work, the students would need to be supervised on a working farm approximately one day per week for the duration of the qualification (around two years). Certain basic operations, such as chemical handling or dealing with animals, may need to be assessed by the host. Hosting is at no cost to the farm owner.

If you're interested in being a farm supervisor and willing to host a student for a day every week, please contact the school's front desk and your details will be recorded on a database. We expect that interest in this course will grow over the next few years, so having lots of farms on the books will mean we can place students quickly.

P&F News

Bookarama - just over 1 month to go! We are accepting book donations up to Sunday, the 5th of March. Books can be left in the donation bins outside the school hall (small undercover area) or at Kingaroy IGA, near the checkouts. If you have time to spare, you can bring books or help us sort donations at the Book shed, this Saturday 25/3 12-3pm or Sunday 26/3 1-3pm. Find the Book shed inside the South Burnett Enterprise centre, turn right off Cornish St, look for 4 joined sheds – ours is second from the right. Volunteers are also welcome to take home any books they like!

We'll need lots of helpers at the Kingaroy Town Hall for setting up on Friday, the 24th March, during the sale on Saturday, the 25th and Sunday, the 26th of March, and packing up Sunday afternoon. You can volunteer using this [Google form](#) or get in touch via email sjlspf@gmail.com



Primary Snippets

'The Root Cause' – Children's Health Program

Primary classes were treated to a visit from 'The Mad Food Scientist' (AKA- Victoria) who spent some time with each class educating us about the importance of nutrition and 'whole foods' as opposed to 'processed foods'. Some important take-aways from the educational program are that children should aim to have only 4 teaspoons of sugar each day, and also that the more ingredients that are listed on the back of packaged food, the further away from a natural food choice the item is. Students even got to taste a delicious green smoothie!

The sessions were definitely 'food for thought'. Thank you, Victoria, for sharing your program with our school!



Primary Snippets

Mrs BP was very impressed by some of the artwork that Year 5B created during their Christian Studies lesson last week. This artwork was created by Piper and Sophia.



Our Primary students are thoroughly enjoying their gymnastics program run every Friday at the hall. Students work to improve their balance, core strength, co-ordination and flexibility as they navigate the fun obstacles and activities set up by our wonderful instructors - and the music isn't bad either!

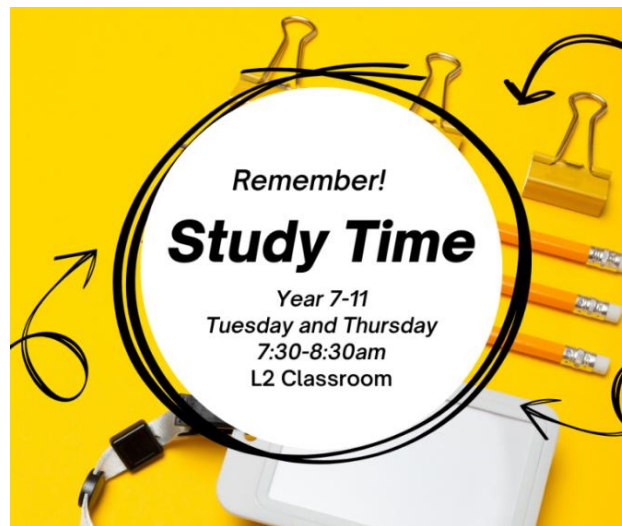


Secondary Snippets

Defence Force - Members of the Australian Defence Force were on campus on Tuesday to speak with the Year 10 and Year 11 students. Representing the Navy and Air Force, the representatives informed students of the types of jobs available in the forces, including hard-to-fill priority jobs. Students discovered that many of the jobs that they have been expressing an interest in are likely to also have a military equivalent, but with superior benefits. One student said that the presentation was “really informative and a good way to learn about possible career options”.



Study Time



Whip-cracking

If students are interested in participating, the Proston Show will be holding a whip-cracking competition on Saturday, the 11th of March. Go to their website prostonshow.com.au for more information.

Swimming Week

Students from Year 4-6 have had a good week participating in school swimming. Even with a few clouds and showers. We look forward to the Swimming Carnival this Friday.



Inter-house Swimming Carnival.

Our Inter-house swimming carnival is being held at the Kingaroy Aquatic Centre this **Friday, the 24th of February**. All students who have nominated from age 9 years and up, will be bused to the pool at 9:00am. Primary and Secondary will be competing in a combined carnival. Students who are not swimming will remain back at school for normal lessons.

Students can dress up to show their house spirit, however we ask that no balloons or streamers are brought to the pool. The canteen will be operating. Parents are welcome to attend!

P.S. If you are a parent who enjoys a swim, make sure you have your togs on just in case of a special event.

Inter-house Carnival – Students aged 9 to 17
9:20am start
Freestyle
9 years to 17 years 50m and 25m events
Breaststroke
9 years to 17 years 50m and 25m events
Backstroke
9 years to 17 years 50m and 25m events
Butterfly
9 years to 17 years 50m and 25m events
Novelty Relays (if time)

Dates to Remember

February / March 2023

Mon	Tues	Wed	Thurs	Fri	Sat	Sun
27	28	1	2	3	4	5
		Playgroup in Hall Assembly Year 4-6 2:30pm Parent 'Root Cause' Session 3:15pm		Senior School Devotion Year 7-11 8:45am Swimming Carnival		
6	7	8	9	10	11	12
Junior Devotion Year 4-6 8:50am Prep - Year 3 10:05am		Playgroup in Hall Assembly Year 1-3 2:30pm		Senior School Devotion Year 7-11 8:45am		

Community Notices



SOUTH BURNETT SAINTS JUNIORS

TRAINING COMMENCES
TUESDAY 7TH FEB &
THURSDAY 9TH FEB 4:30PM
LYLE VIDLER OVAL

MIXED BOYS AND GIRLS U12S & U14S JOIN US IN 2023

#TOGETHERWERISE

CONTACT US ON
FACEBOOK
OR SAINTS
WOMEN'S COACH
SANDY BANKS -
0401667402

like us on
facebook



KINGAROY REDBACKS

TOUCH FOOTBALL ASSOCIATION

Join the Redbacks for Semester 1 2023.

Juniors will run Jan 30th- 19th June.
4.30-5.30pm. Ages 7-16. \$30

Tiny touchies will run from 30th Jan-
27th March. 4.30-5.30pm. Ages 4-6. \$20

f Follow us on Facebook and stay up to
date "Kingaroy Touch Association"


For more info contact:
Brendan – 0418142402

Or see us at training every
Monday from 4.30pm-5.30pm
at the Kingaroy Junior Soccer
fields – Oliver-Bond Street,
Kingaroy

It all starts here...

Gymnastics Nanango

SouthBurnett PCYC



Prep 1 & 2
Gym 1 & 2

Gymnastics

What	Gymnastics for boys and girls. Register for bookings at the South Burnett PCYC
When	Wednesday's 3.30-4.30pm - Prep 1 & 2 (5-7 yrs) 4.45-5.45pm - Gym 1 & 2 (8-11 yrs) Classes to be paid per term
Where	St Patrick's School 16 Alfred Street, Nanango 4615
Contact	South Burnett PCYC P 07 4168 1889 E southburnett@pcyc.org.au
T&C's	-Fees to be paid by week 2 of term -Classes are subject to change -Free Trial for new members only -Unpaid fees may result in bookings being cancelled -Fees can be paid in advance, in person or over the phone

Building safer, healthier communities through youth development

pcyc.org.au

St John's Lutheran School

student s in

The South Burnett Musical Comedy Society's

Production of:

Seussical



18—26 March 2023

KINGAROY SHS PERFORMING ARTS CENTRE (KPAC)

Tickets: <https://www.trybooking.com/CFVFW>

Email: info@sbmcs.org.au

trybooking

Follow us on f

Come & Try! JUNIOR NETBALL

5-17yrs (Boys up to 14yrs, 15yrs may apply for approval to play)

FRIDAY MARCH 3RD, 2023

NetSetGo 4.30 - 5.45PM

Netta & Cadet 5.15 - 6.30PM

NetSetGo (5-10yrs), Team Allocation (11-17yrs)

Come and collect your season information from Clubhouse.

Registration via Netball Connect is open follow this link
<https://registration-netball.squad1.com/login> or use the App.

REGISTRATION CLOSES 17TH MARCH, 2023

Team Allocation Games - FRI 3rd/10th/17th & 24th March, 2023

(9&10yrs will also be allocated teams during these sessions)

All players must attend

(New players welcome to attend 2 sessions prior to registering)

**KINGAROY NETBALL COURTS
FISHER ST (behind Rotary Park)**



TRAINING & COMPETITION BEGINS TERM 2, 18TH APRIL

Graham House Community Centre

Pre loved Clothing Markets

Plus Small Market Emporium

SATURDAY 11th MARCH 2023 | 9am - 12pm

**Shop till you
can't fit
anything
more in your
warbrobe**

**Fill a plastic
shopping bag
with clothes for
50c**



SAUSAGE SIZZLE

(Funds going to Murgon Mens Shed)

COFFEE TRUCK

MARKET STALLS

Contact us to book
a space

**FREE CLOTHING
AVAILABLE**



**Pearen Street
MURGON 4605**

Behind Graham House



Bookings & more information contact: 07 4169 8400

#EmbraceEquity

INTERNATIONAL WOMENS DAY PHOTO COMPETITION

Send a JPEG photo to showcase what #Equity
means to you.

All entries will go into the draw to win a \$200

Shopping Voucher at

GH Clothing Co

Closes: 27/02/2023



Supporting our community
INTERNATIONAL WOMEN'S DAY



SEND ENTRIES TO:

P: 0447 683 492

E: cadw@grahamhouse.org.au

Alternatively you can Facebook Message
photos to our Facebook Page



Kumbia State School P&C proudly present 2023 International Womens' Day Luncheon

Fundraising for the Kumbia State School P&C

2 course lunch created by JC Catering

3 Guest speakers

Pop Up Market Stalls

Early Bird Ticket (available til 24 Feb): \$60pp

Tickets after 24 Feb: \$70pp

For more information or bookings please contact

pandc@kumbiass.eq.edu.au or

call Jodie Black 0408354534

Sunday 5 March 2023

from 11:00am

Kingaroy Town Hall

With thanks to our major Sponsor



